

Biomarkers for Acute Kidney Injury – Application to Clinical Practice

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Outline - AKI

- What is the clinical problem
- Limitations of current diagnostics
- Novel AKI biomarkers
- Application of biomarkers to clinical practice
- Future approaches to research



Clinical Scenario #1

- 75 yr old lady is referred with community acquired pneumonia
- Type 2 Diabetes and Atrial Fibrillation
- BP 105/45 HR 105 T 37.9
O2 Sats 94% on 28% O2, Resps 18,
Creatinine 100



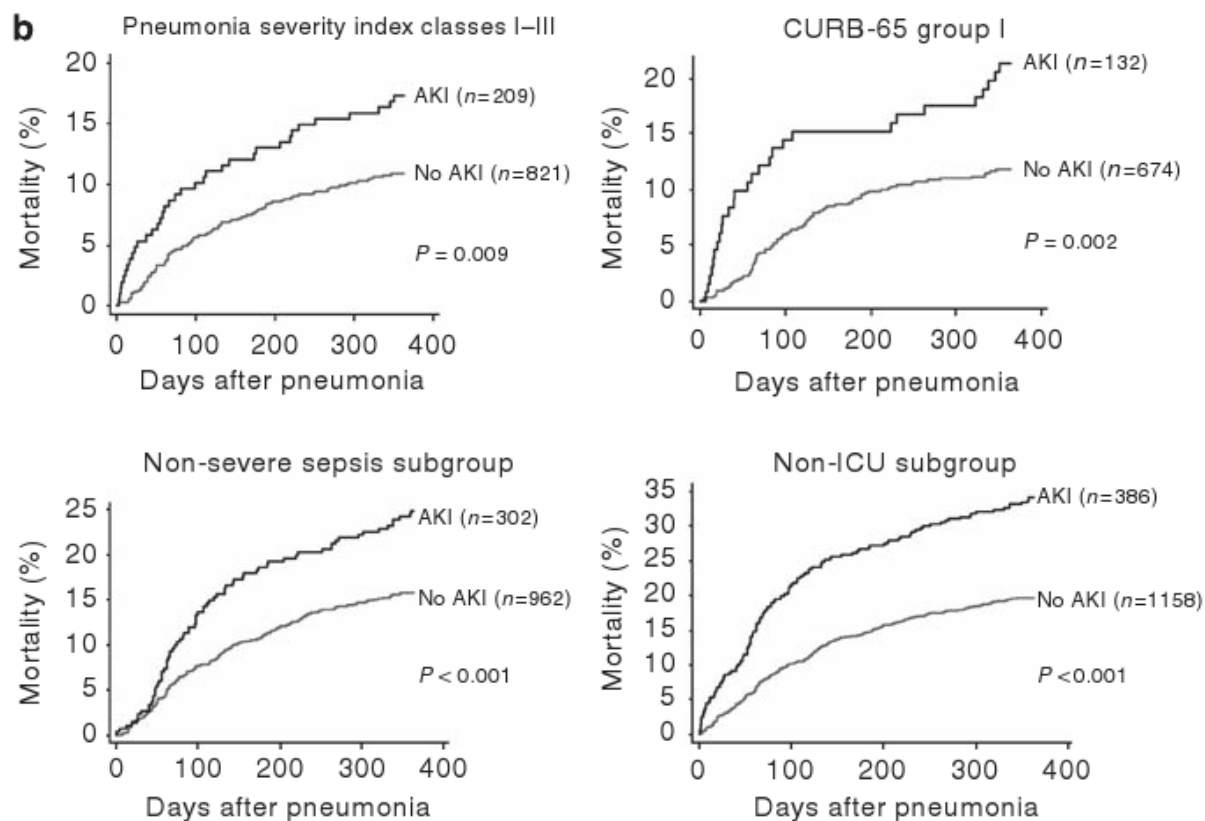
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- How should she be resuscitated?
- Will AKI affect outcome?



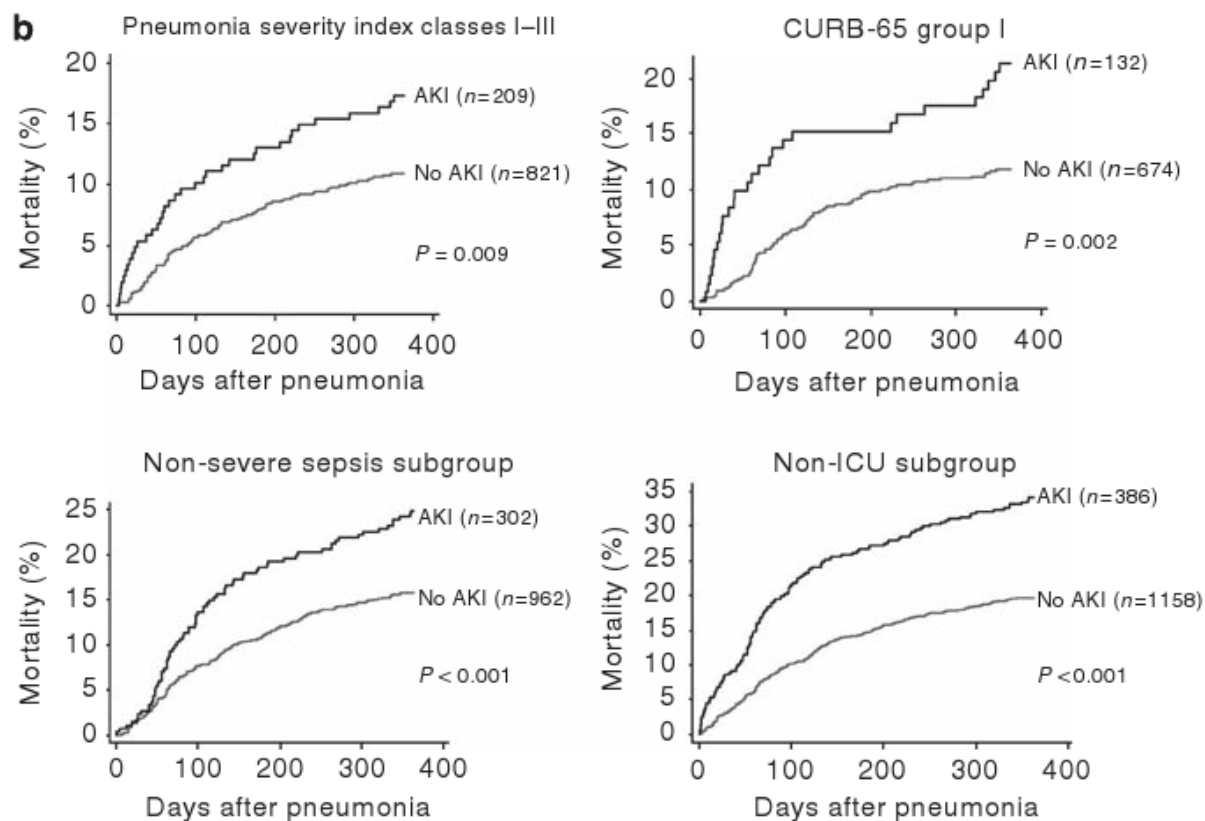
Acute kidney injury in non-severe pneumonia is associated with an increased immune response and lower survival

Raghavan Murugan¹, Vijay Karajala-Subramanyam¹, Minjae Lee^{1,2}, Sachin Yende¹, Lan Kong^{1,2}, Melinda Carter¹, Derek C. Angus¹, and John A. Kellum¹ on behalf of the Genetic and Inflammatory Markers of Sepsis (GenIMS) Investigators



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16–25% of the patients with non-severe pneumonia also developed acute kidney injury



Clinical Scenario #2

- 55 yr old man 12hr post open cholecystectomy
- High blood pressure, Moderate LV function
- poor analgesia
- BP 105/55 HR 110 BE -5 Lactate 1.8
- Fluid balance +4L in 12hr
- Urine 15ml/hr last 3hr



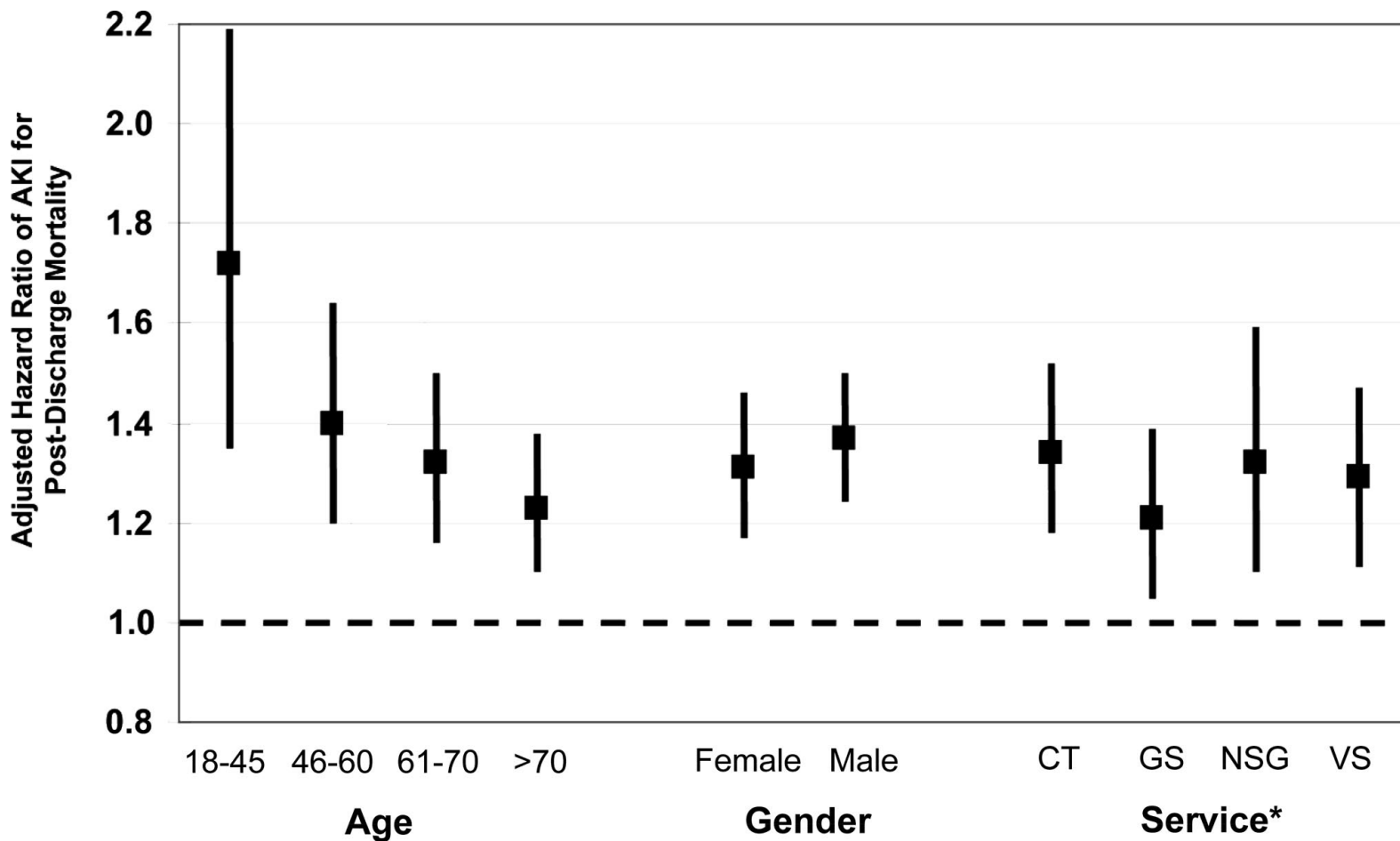
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Long-Term Risk of Mortality and Acute Kidney Injury During Hospitalization After Major Surgery

Azra Bihorac, MD,* Sinan Yavas, MD,* Sophie Subbiah, BA,* Charles E. Hobson, MD,†
Jesse D. Schold, PhD,‡ Andrea Gabrielli, MD,* A. Joseph Layon, MD,* and Mark S. Segal, MD, PhD‡



(Ann Surg 2009;249: 851–858)



The Problem

- We are unable to risk stratify many patients early in the course of their illness
- Current diagnostics are inadequate to enable us to identify early AKI and intervene
- Late intervention may be of less benefit
- Avoidance of harm in established AKI



We need to identify who benefit from:

- Specific intervention
- Concentration on supportive care and avoidance of secondary injury



Conventional diagnosis of AKI

- Serum Creatinine
- Urine output



KDIGO AKI definitions

Stage	Serum creatinine	Urine output
1	1.5–1.9 times baseline OR ≥ 0.3 mg/dl (≥ 26.5 mmol/l) increase within 48hr	≤ 0.5 ml/kg/h for 6–12 hours
2	2.0–2.9 times baseline	≤ 0.5 ml/kg/h for X12 hours
3	3.0 times baseline OR Increase in serum creatinine to ≥ 4.0 mg/dl (≥ 353.6 $\mu\text{mol/l}$) OR Initiation of renal replacement therapy OR, In patients <18 years, decrease in eGFR to <35 ml/min per 1.73 m ²	≤ 0.3 ml/kg/h for X24 hours OR Anuria for X12 hours



Creatinine:

At Steady State: *In* = *Out*

$$\textit{Production} = \textit{GFR} \cdot [\textit{Cr}]$$

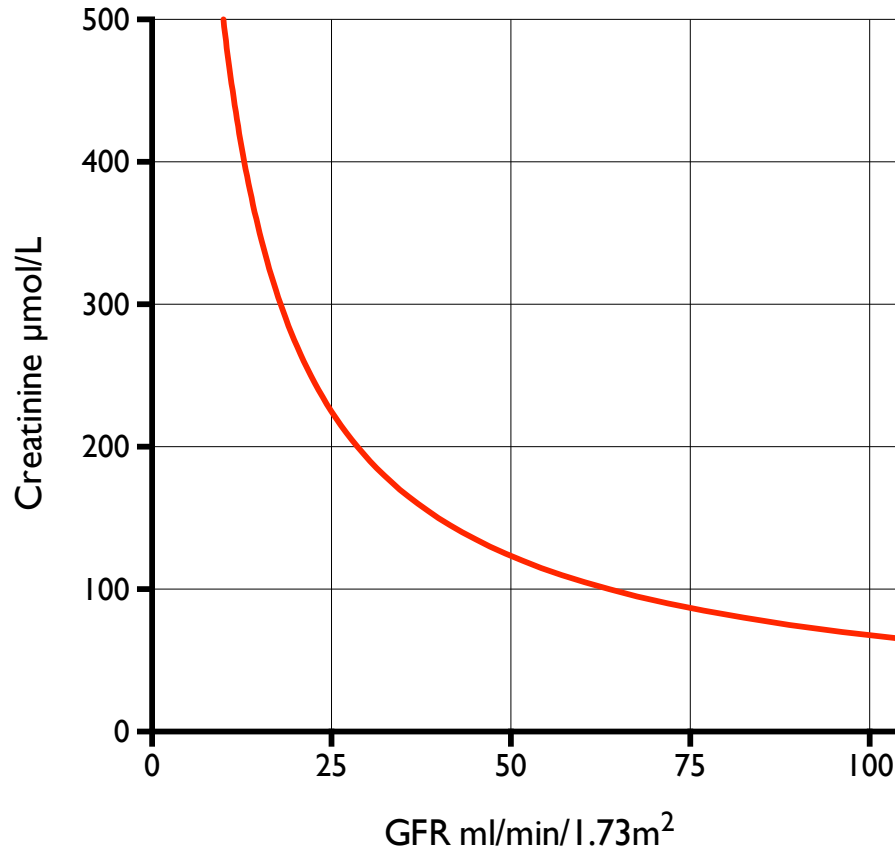
$$\textit{GFR} = \frac{\textit{P}}{[\textit{Cr}]}$$

Double Creatinine = Half GFR



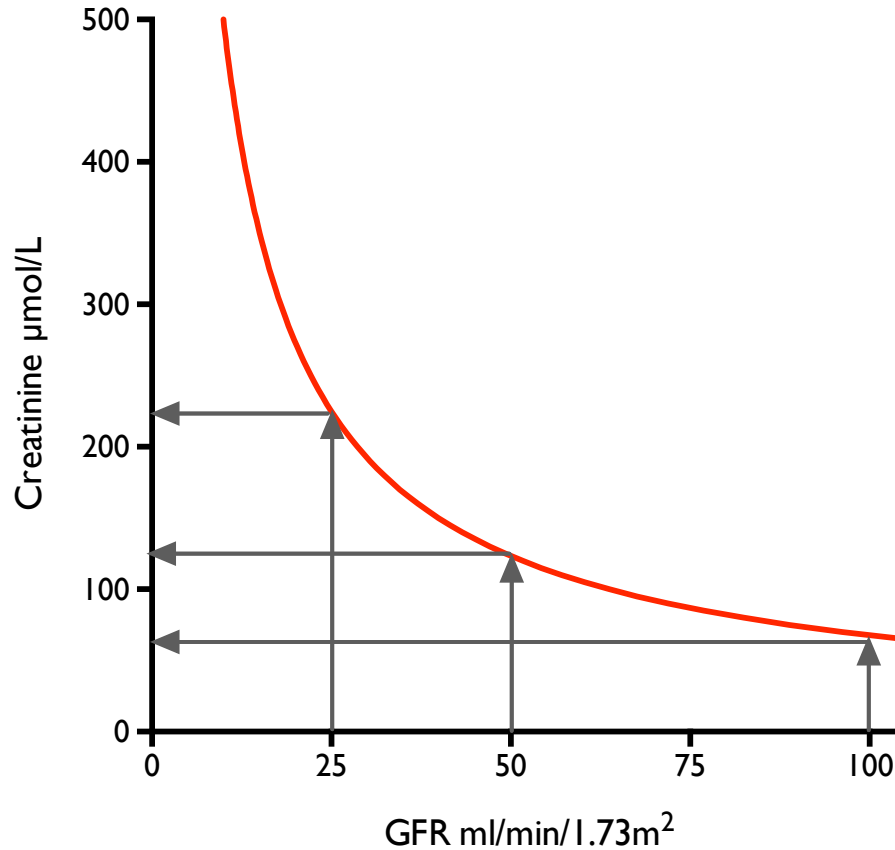
Plasma Creatinine and GFR at Steady State

Steady State Serum Creatinine and GFR



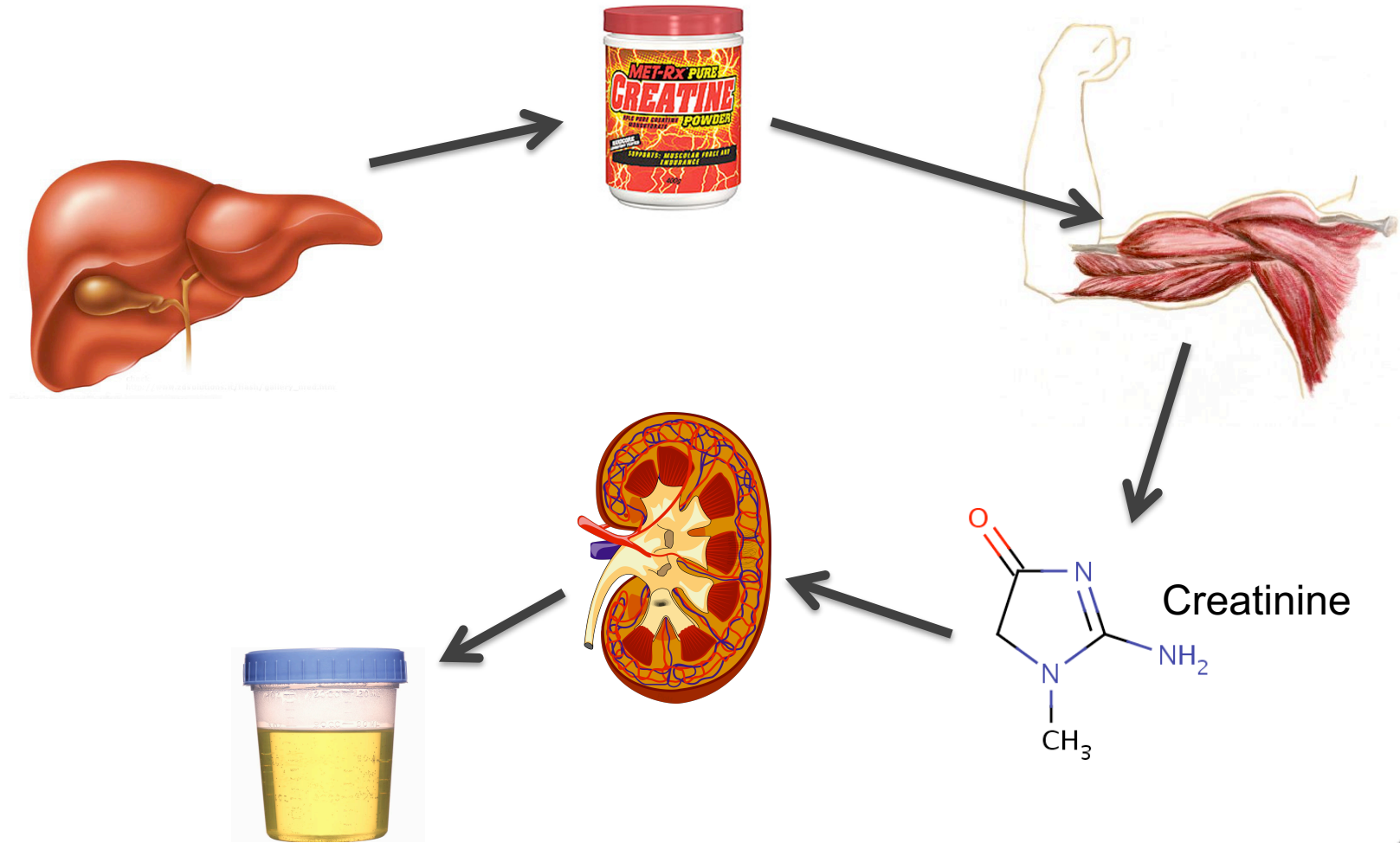
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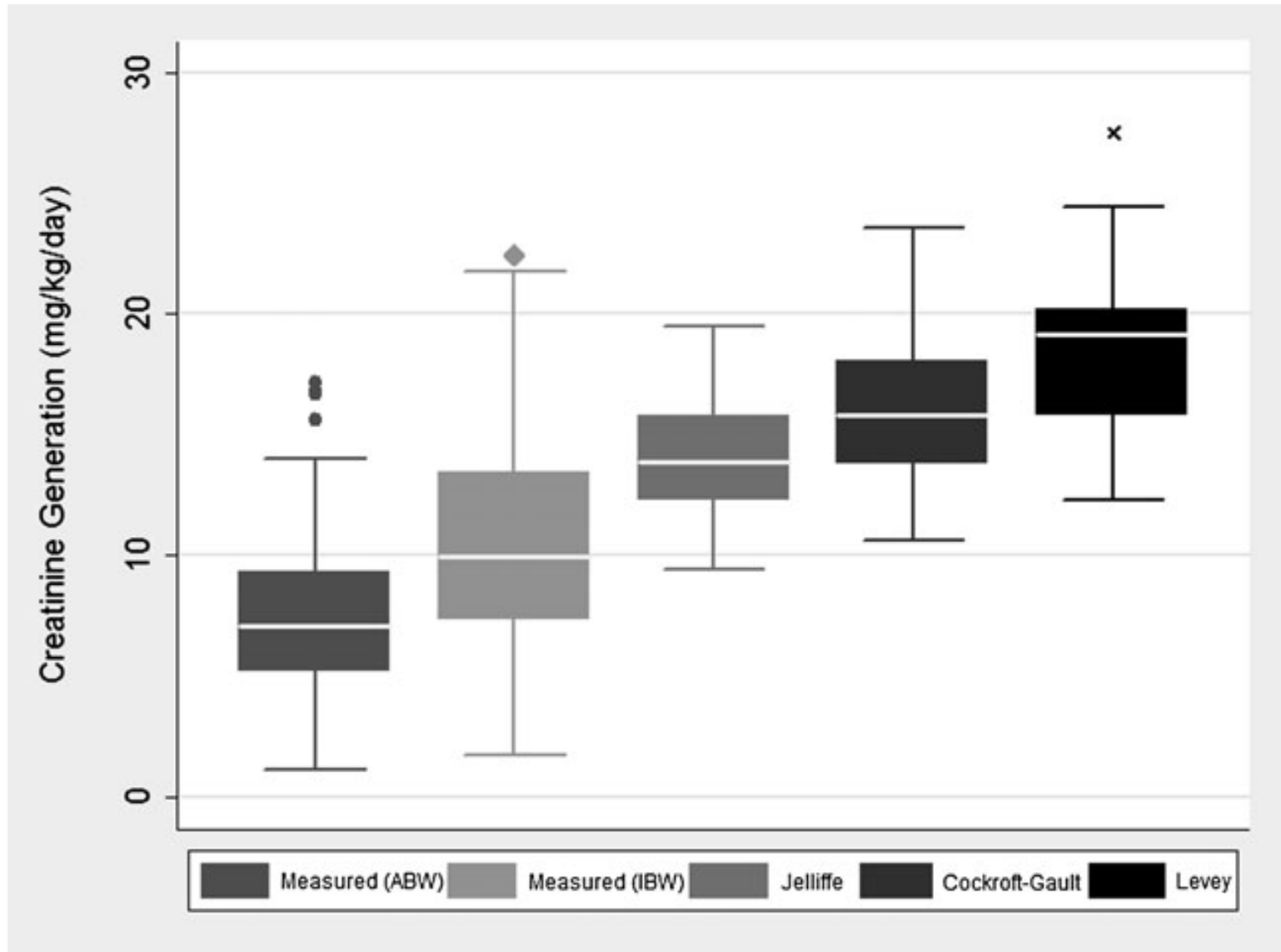
Creatinine Production

Biomarkers for AKI – Where now?

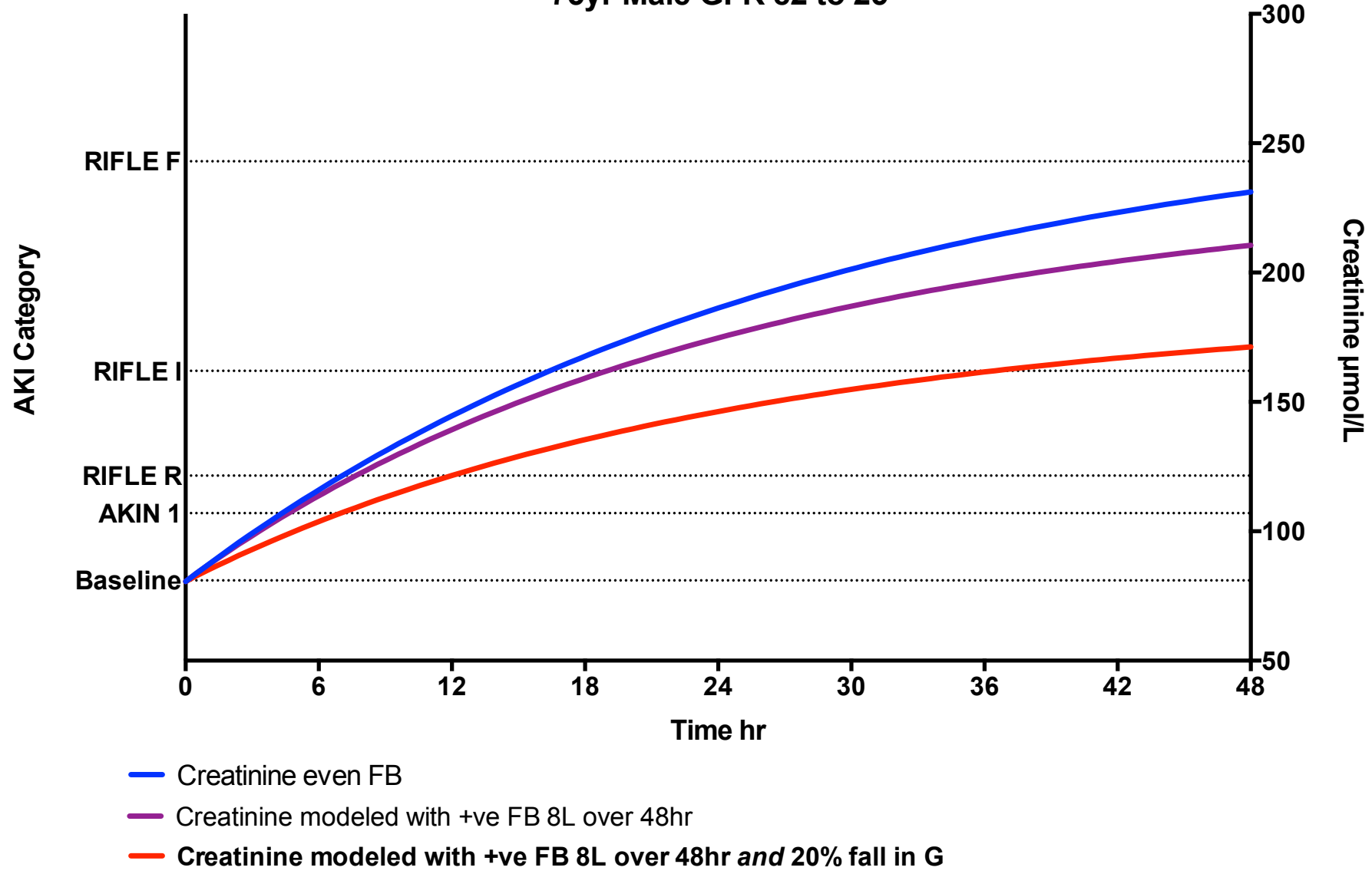


Creatinine generation is reduced in patients requiring continuous venovenous hemodialysis and independently predicts mortality

Nephrol Dial Transplant (2012) 0: 1–7
doi: 10.1093/ndt/gfr809



75yr Male GFR 82 to 25



Limitations of existing diagnostics



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- Oliguria has poor sensitivity and specificity
- Many specific interventions for AKI have been promising experimentally but failed in clinical practice
- Delayed and imprecise diagnosis prevents effective intervention and risk stratification



Biomarkers to the rescue?

Biomarkers for AKI – Where now?



Biomarkers to the rescue?

Biomarkers for AKI – Where now?



What is a Biomarker?



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- Do we have them?
- Will they alter outcomes?



Urine

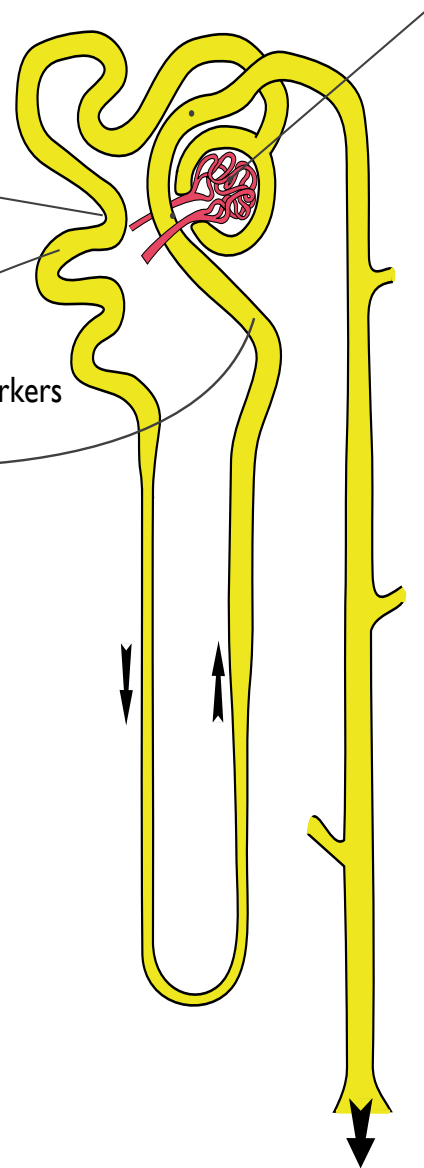
Blood

Functional: Failure of PCT catabolism leads to Biomarker appearance in urine

Structural: Indicable markers of tubular injury

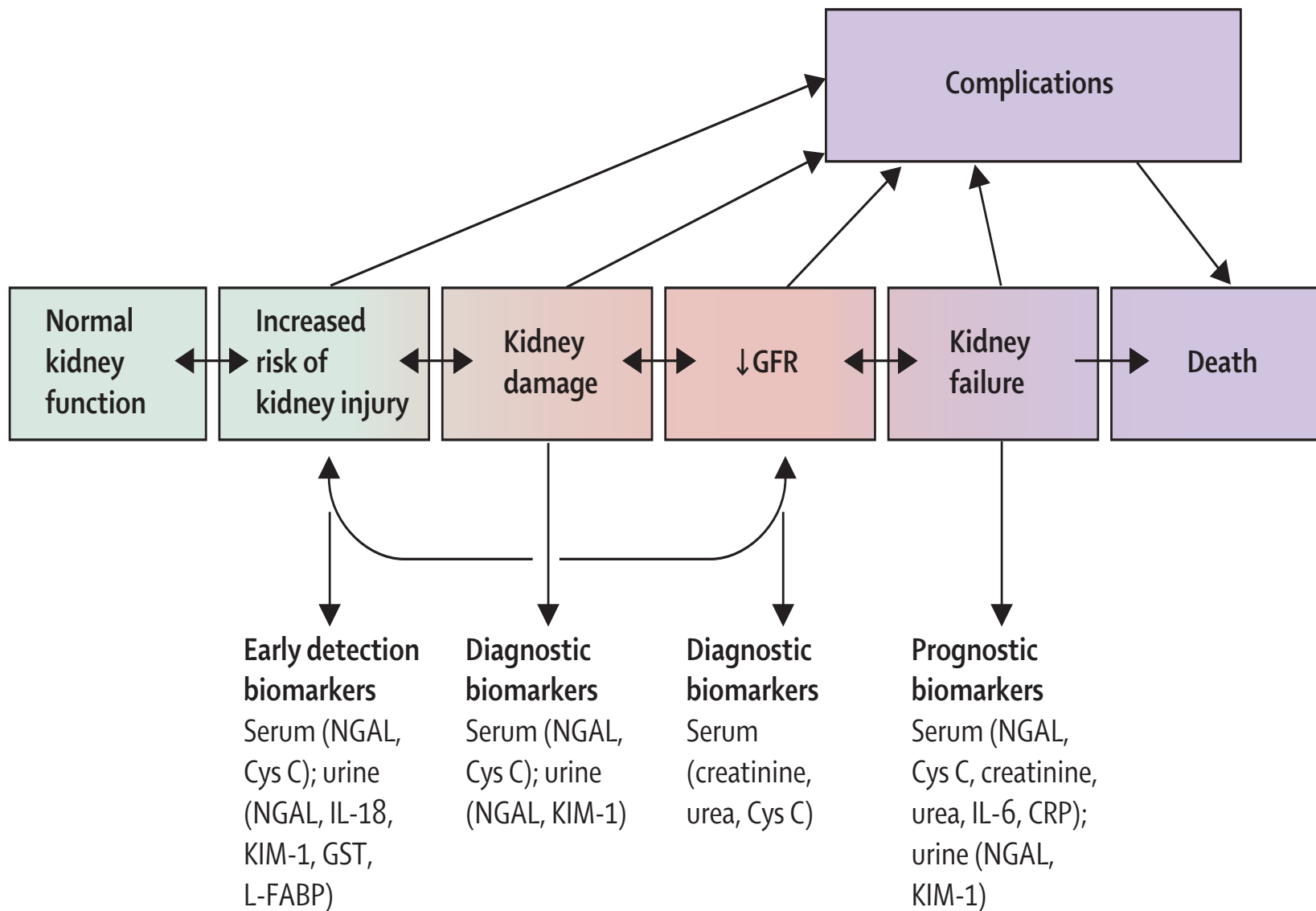
Functional: Biochemical Indices of Glomerular Filtration

Structural: Circulating markers associated with renal injury

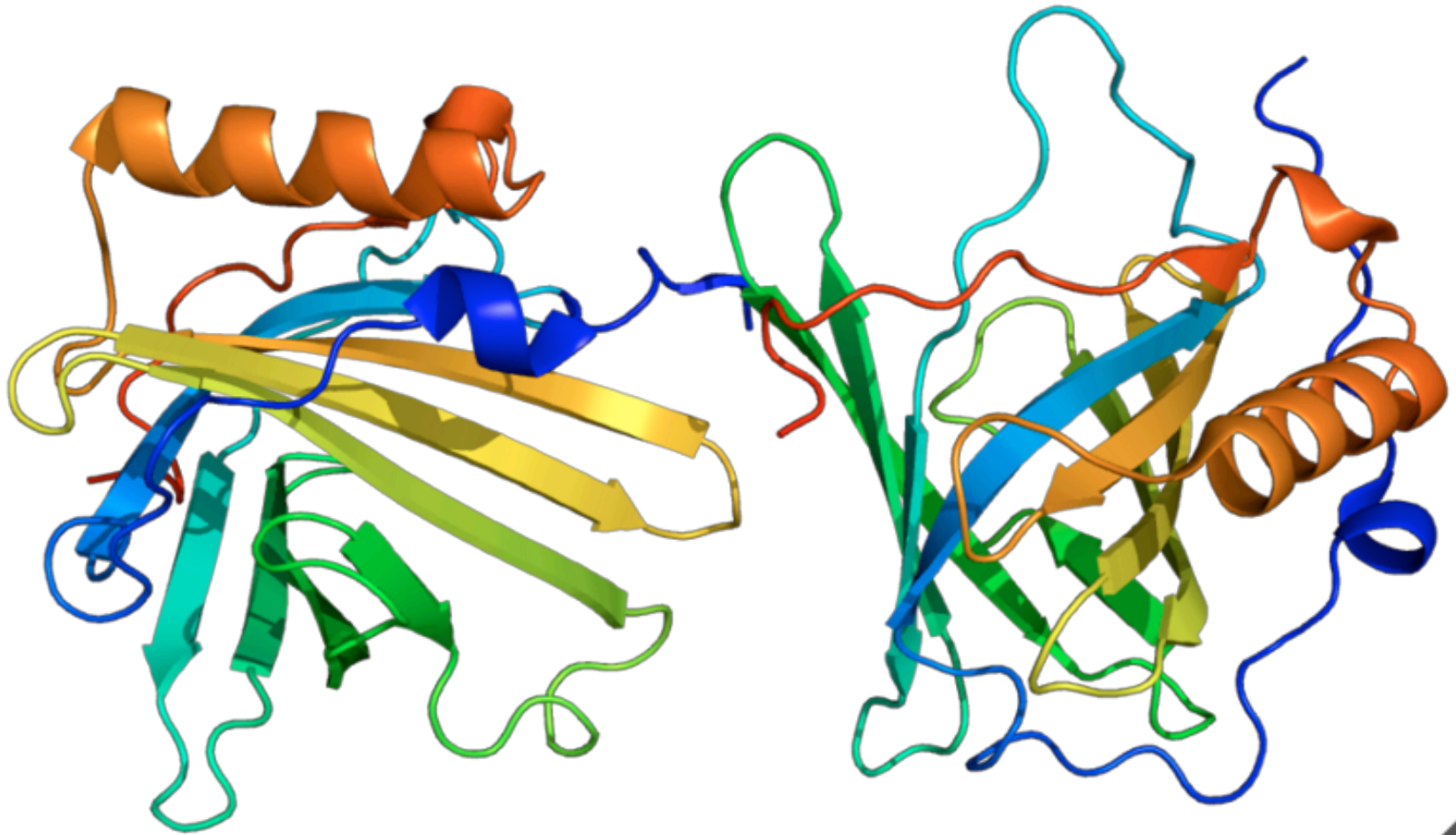


Classification of novel AKI biomarkers



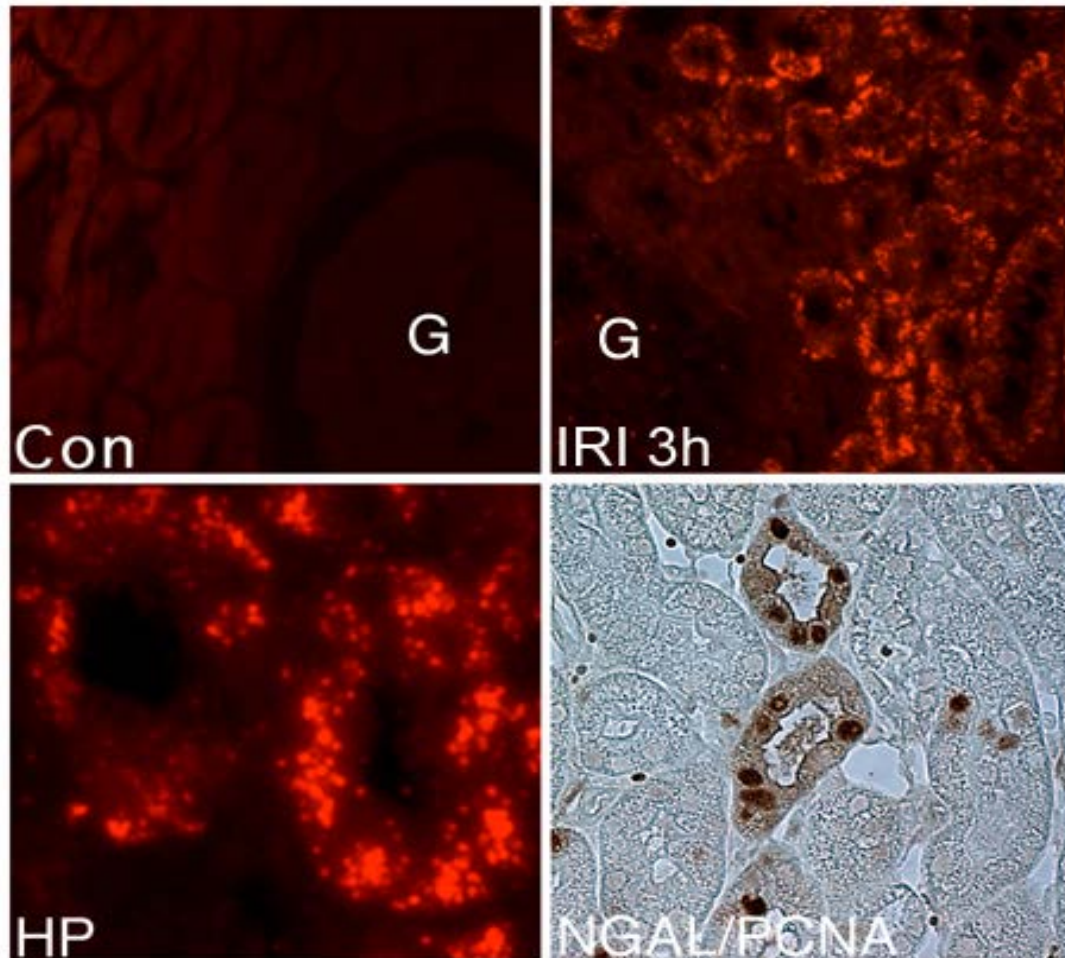


Neutrophil Gelatinase-Associated Lipocalin (NGAL)



Identification of Neutrophil Gelatinase-Associated Lipocalin as a Novel Early Urinary Biomarker for Ischemic Renal Injury

JAYA MISHRA,* QING MA,* ANNE PRADA,* MARK MITSNEFES,*
KAMYAR ZAHEDI,* JUN YANG,[†] JONATHAN BARASCH,[†] and
PRASAD DEVARAJAN*



- Mouse Ischemia
- 30 min ischemia
- S creat \uparrow 24 h
- Kidney NGAL \uparrow 3 h
- NGAL in tubule lumen



Neutrophil gelatinase-associated lipocalin (NGAL)

- 25kDa protein
- Binds siderophores
- Bacteriostatic iron chelating activity
- Inducible in neutrophils
- Up-regulated in injured epithelia including kidney via NF- κ B

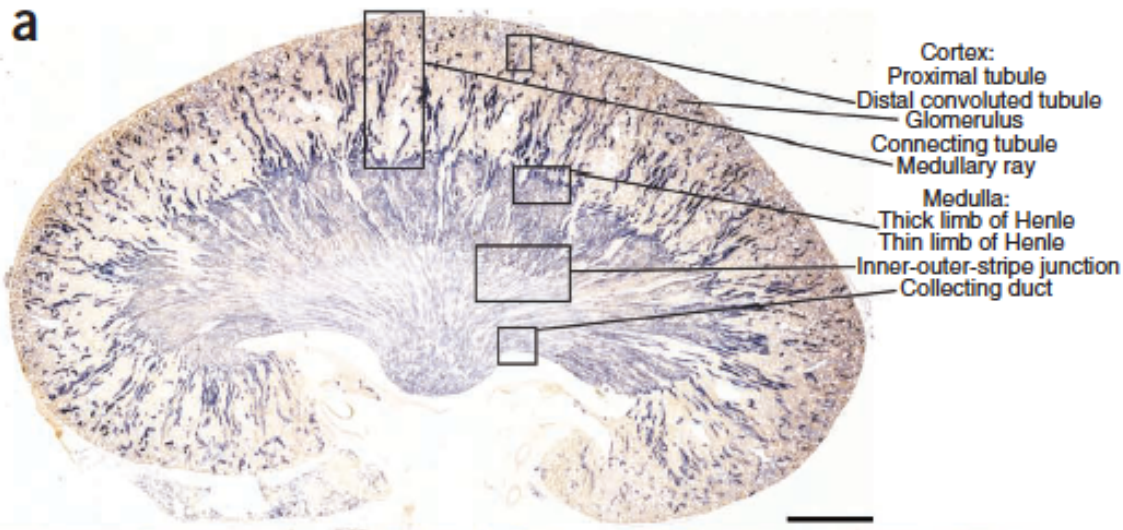
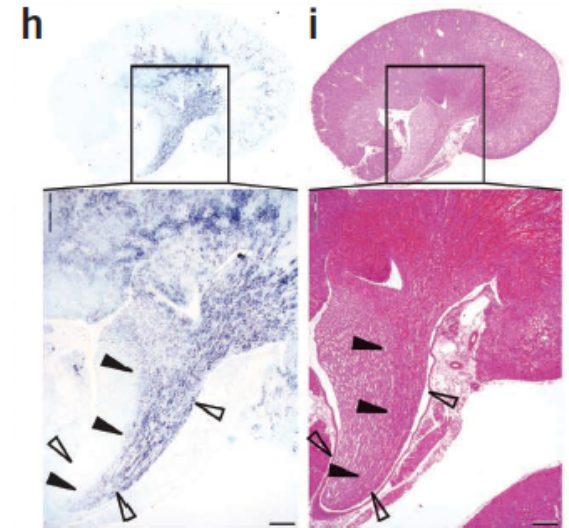


TECHNICAL REPORTS

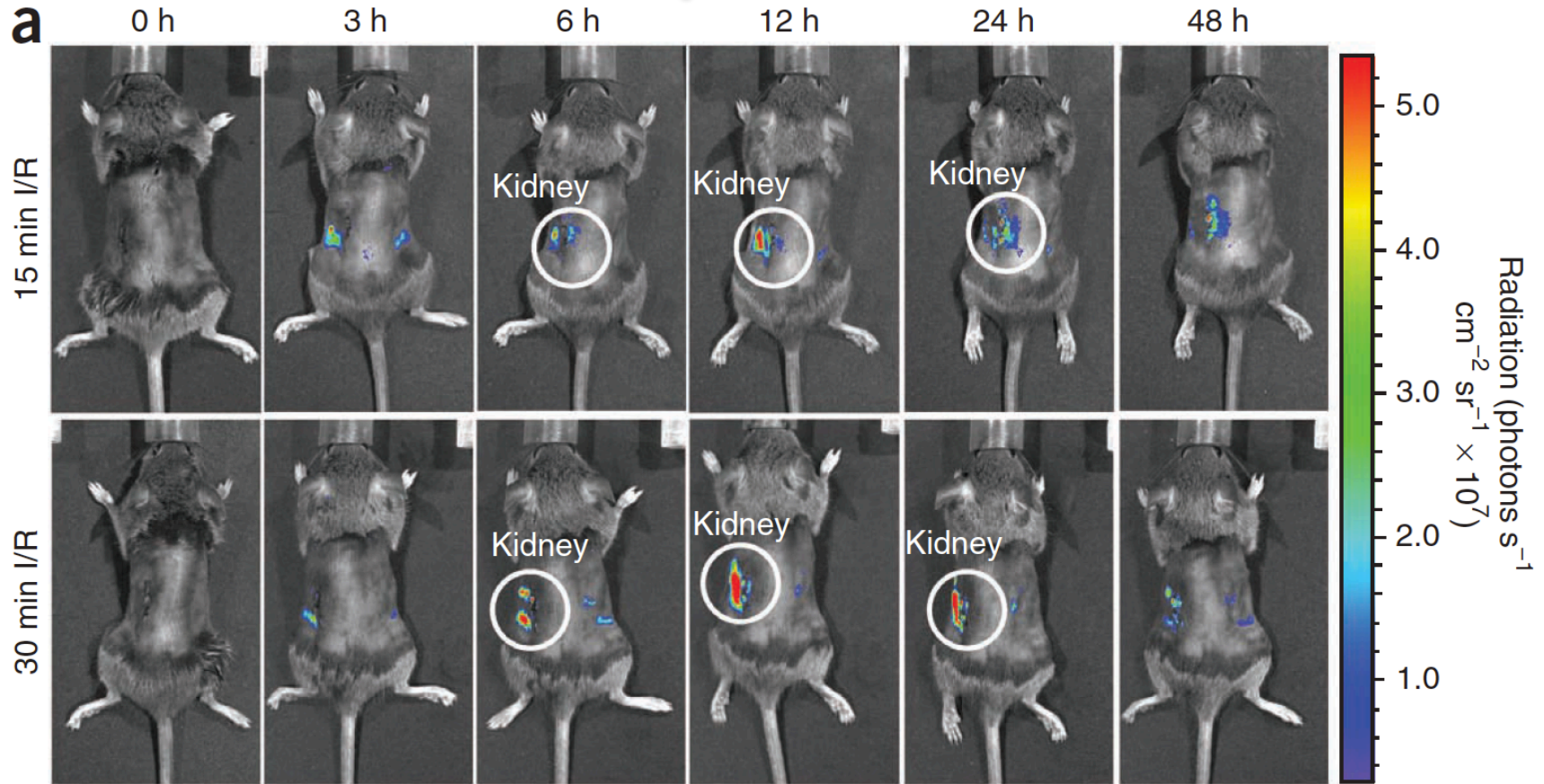
nature
medicine

The Ngal reporter mouse detects the response of the kidney to injury in real time

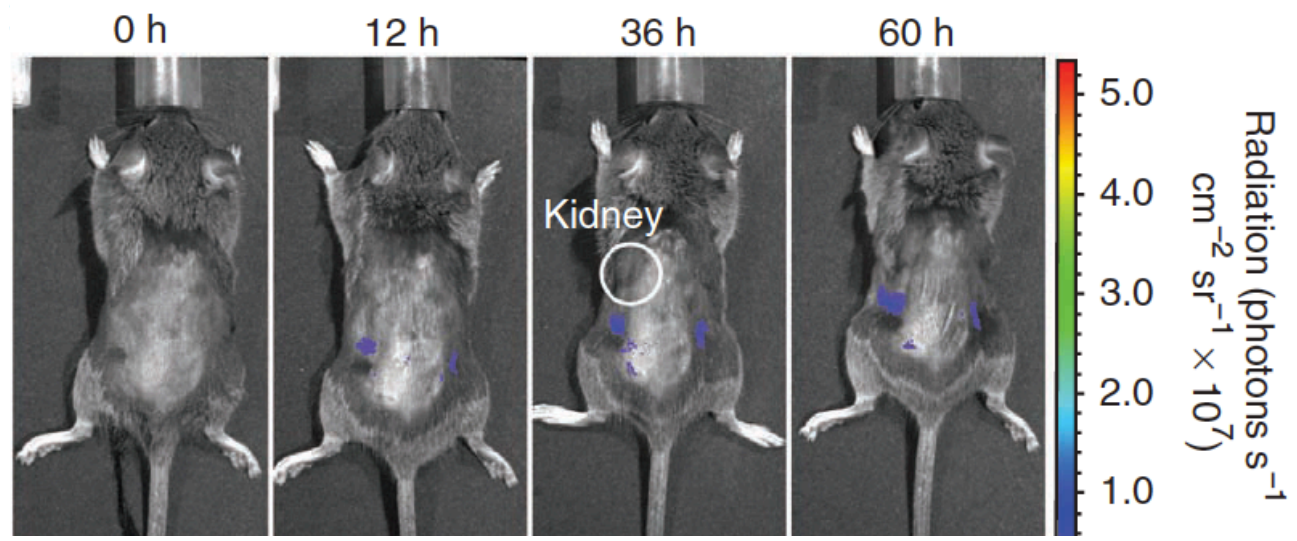
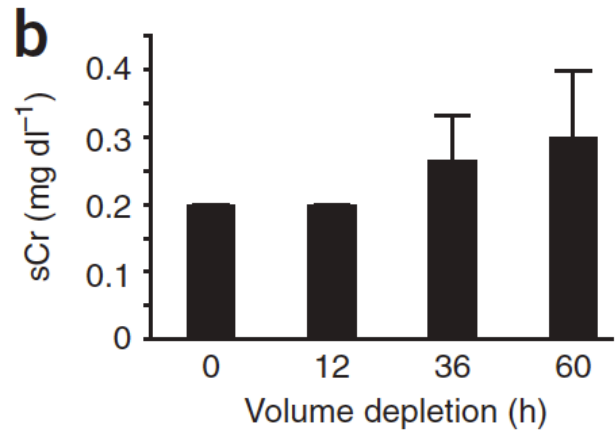
Neal Paragas^{1,5}, Andong Qiu^{1,5}, Qingyin Zhang¹, Benjamin Samstein¹, Shi-Xian Deng¹, Kai M Schmidt-Ott², Melanie Viltard¹, Wenqiang Yu¹, Catherine S Forster¹, Gangli Gong¹, Yidong Liu¹, Ritwij Kulkarni¹, Kiyoshi Mori³, Avtandil Kalandadze¹, Adam J Ratner¹, Prasad Devarajan⁴, Donald W Landry¹, Vivette D'Agati¹, Chyuan-Sheng Lin¹ & Jonathan Barasch¹



Unilateral ischaemia-perfusion



Volume Depletion



How does NGAL perform clinically?



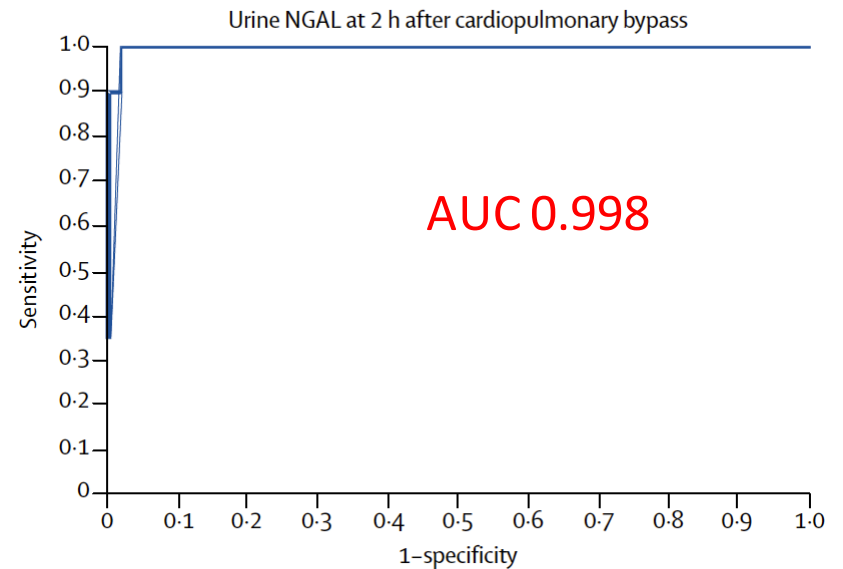
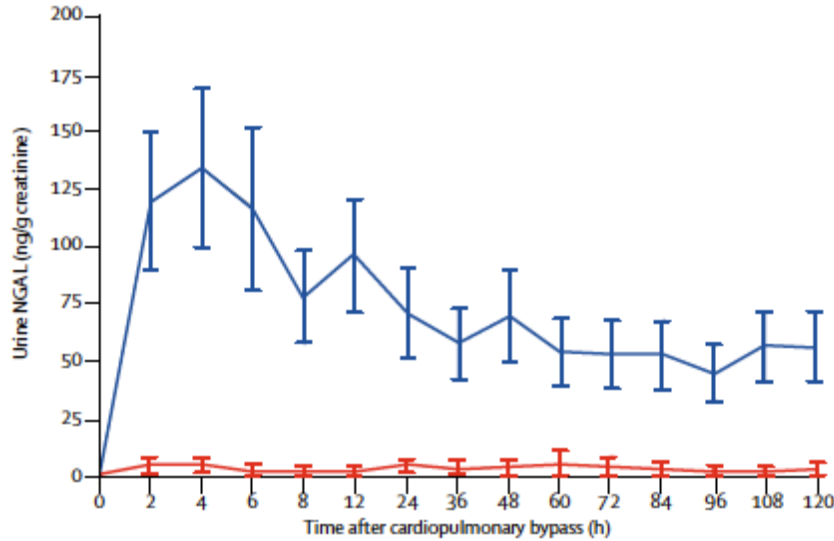
Neutrophil gelatinase-associated lipocalin (NGAL) as a biomarker for acute renal injury after cardiac surgery

Jaya Mishra*, Catherine Dent*, Ridwan Tarabishi*, Mark M Mitsnefes, Qing Ma, Caitlin Kelly, Stacey M Ruff, Kamyar Zahedi, Mingyuan Shao, Judy Bean, Kiyoshi Mori, Jonathan Barasch, Prasad Devarajan

Lancet 2005; 365: 1231-38

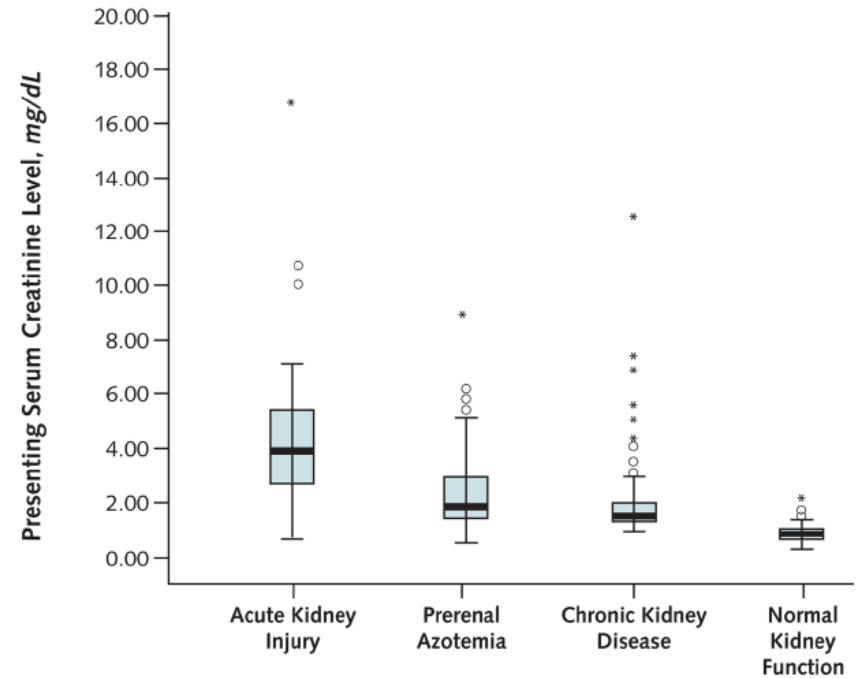
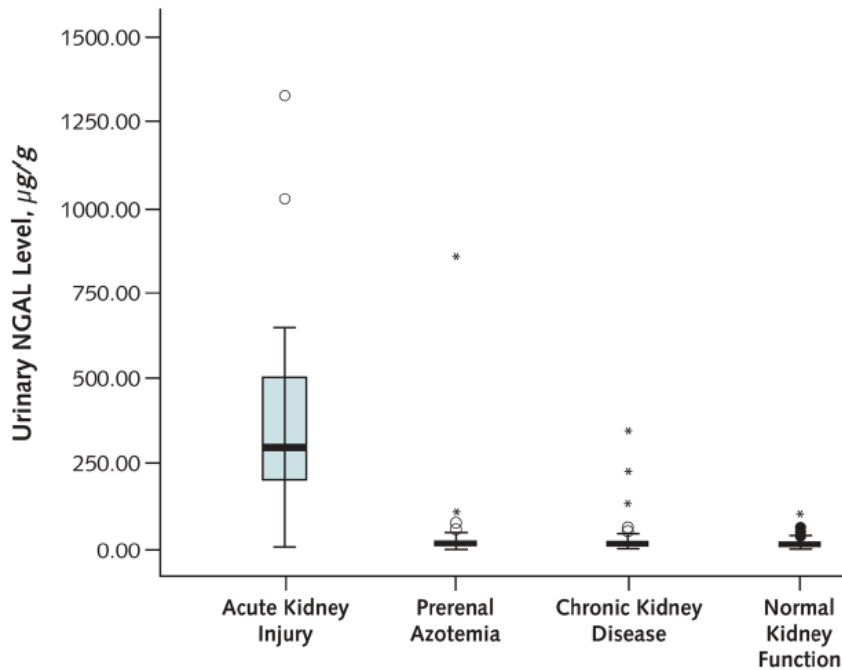
See Comment page 1205

71 children undergoing cardiopulmonary bypass.



Biomarkers for AKI – Where now?

ER Presentations NGAL & subsequent AKI



Ann Intern Med. 2008 June 3; 148(11): 810–819.

Sensitivity and Specificity of a Single Emergency Department Measurement of Urinary Neutrophil Gelatinase–Associated Lipocalin for Diagnosing Acute Kidney Injury

Dr Thomas L. Nickolas, MD, MS, Mr Matthew J. O'Rourke, BS, Dr Jun Yang, MD, PhD, Ms Meghan E. Sise, BS, Dr Pietro A. Canetta, MD, Mr Nicholas Barasch, BS, Mr Charles Buchen, Dr Faris Khan, MD, Dr Kiyoshi Mori, MD, PhD, Dr James Giglio, MD, Dr Prasad Devarajan, MD, and Dr Jonathan Barasch, MD, PhD
Columbia University, New York, New York; Kyoto University Graduate School of Medicine, Kyoto, Japan; and Cincinnati Children's Hospital, University of Cincinnati, Cincinnati, Ohio

NGAL > 130 = 25 fold odds of composite clinical outcome (nephrology consultation, intensive care admission, dialysis initiation, mortality)



NGAL Meta-analysis

Table 5. Pooled Diagnostic and Prognostic Accuracy of NGAL

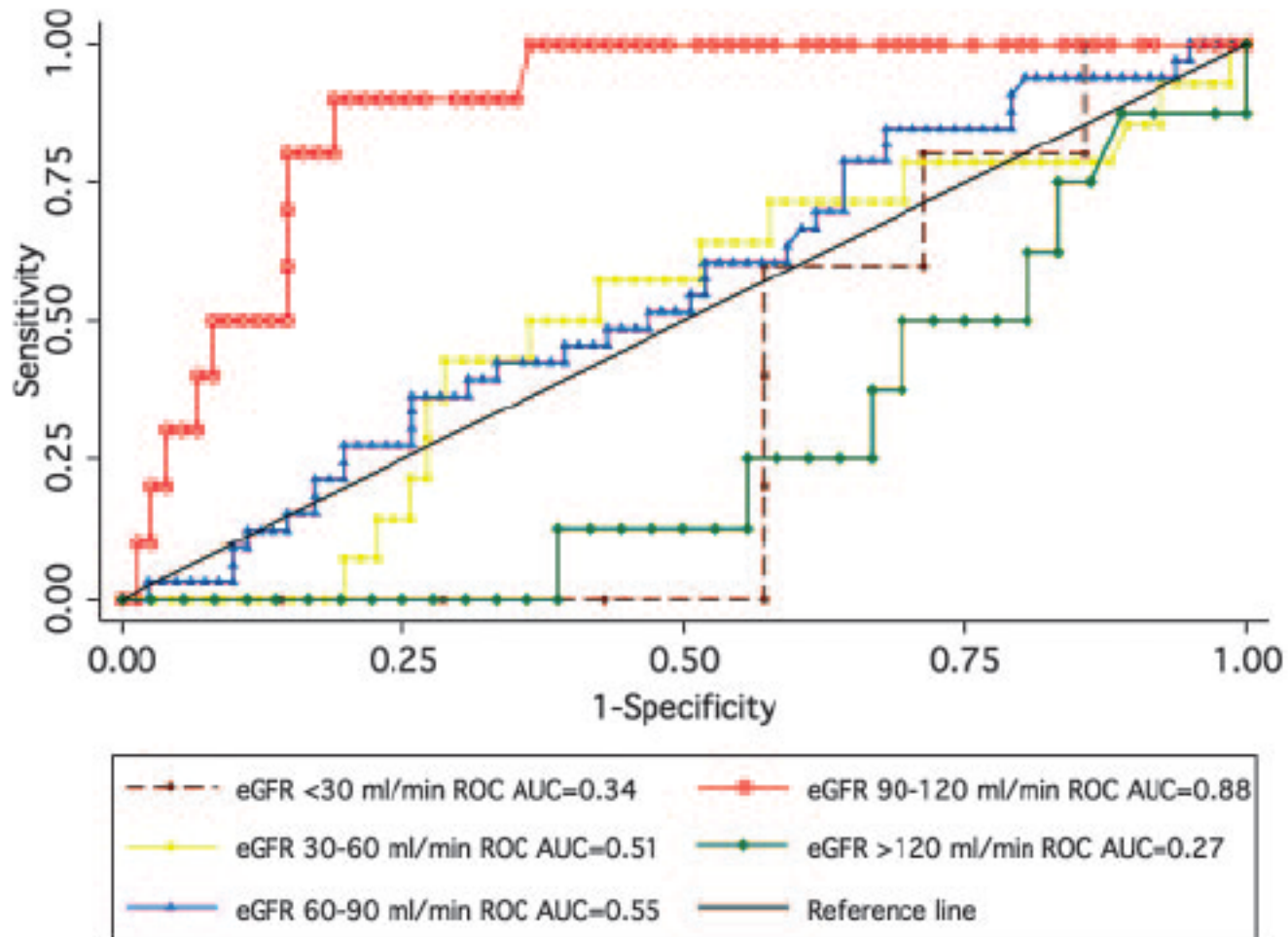
Setting (no. of events/total patients; no. of studies [data sets])	Sensitivity ^a (95% CI)	Specificity ^a (95% CI)	DOR ^a (95% CI)	AUC-ROC ^a (95% CI)	I ² (%)	NGAL Cutoff ^a (ng/mL)
AKI across settings (487/2,538; 19 [23])	76.4 (70.4-81.6)	85.1 (76.6-90.9)	18.6 (9.0-38.1)	0.815 (0.732-0.892)	43.5	190.2 (122.8-257.2)
AKI after cardiac surgery (307/1,204; 10 [13])	75.5 (70.2-82.4)	75.1 (65.2-86.3)	13.1 (5.7-34.8)	0.775 (0.669-0.867)	27.8	273.6 (145.0-289.2)
AKI in critically ill patients (123/602; 5 [5])	76.4 (59.9-87.5)	75.5 (52.2-89.7)	10.0 (3.0-33.1)	0.728 (0.615-0.834)	17.5	155.0 (150.8-169.0)
AKI after contrast infusion (34/191; 3 [4])	77.8 (62.8-88.0)	96.3 (74.4-99.6)	92.0 (10.7-794.1)	0.894 (0.826-0.950)	3.2	100.0 (80.0-100.0)
AKI in children across settings (213/663; 6 [8])	77.6 (69.7-83.9)	88.0 (75.8-94.5)	25.4 (8.9-72.2)	0.930 (0.883-0.968)	3.5	135.0 (50.0-150.0)
AKI in adults across settings (271/1,842; 12 [14])	72.5 (62.9-80.4)	80.1 (71.2-86.2)	10.6 (4.8-23.4)	0.782 (0.689-0.872)	27.5	175.0 (150.0-271.5)
AKI prediction using plasma/serum NGAL (226/1,039; 9 [9])	73.4 (62.3-82.2)	86.6 (72.0-94.3)	17.9 (6.0-53.7)	0.775 (0.679-0.869)	20.2	179.2 (153.9-199.3)
AKI prediction using urine NGAL (319/1,783; 14 [14])	77.8 (70.9-83.5)	84.3 (72.8-91.3)	18.6 (7.2-48.4)	0.837 (0.762-0.906)	21.9	193.2 (123.7-405.7)
AKI prediction using research-based assays (242/1,730; 14 [18])	76.9 (69.4-83.1)	83.4 (72.0-90.8)	16.7 (7.1-39.7)	0.732 (0.656-0.830)	31.6	246.4 (88.5-277.2)
AKI prediction using standardized platforms (245/808; 5 [5])	75.4 (63.8-84.2)	89.3 (81.9-93.9)	25.5 (8.9-72.8)	0.830 (0.741-0.918)	7.0	150.6 (145.0-155.0)
Initiation of RRT across AKI settings (84/1,948; 9 [10])	76.0 (65.1-84.4)	80.3 (59.5-91.9)	12.9 (4.9-33.9)	0.782 (0.648-0.917)	9.5	278.3 (141.9-381.6)
In-hospital mortality across AKI settings (88/1,617; 6 [7])	65.0 (51.2-80.8)	82.6 (51.8-95.5)	8.8 (1.9-40.8)	0.706 (0.530-0.747)	10.3	212.0 (121.8-506.7)

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NGAL poor in Context of CKD



Clin J Am Soc Nephrol 5: 211-219, 2010



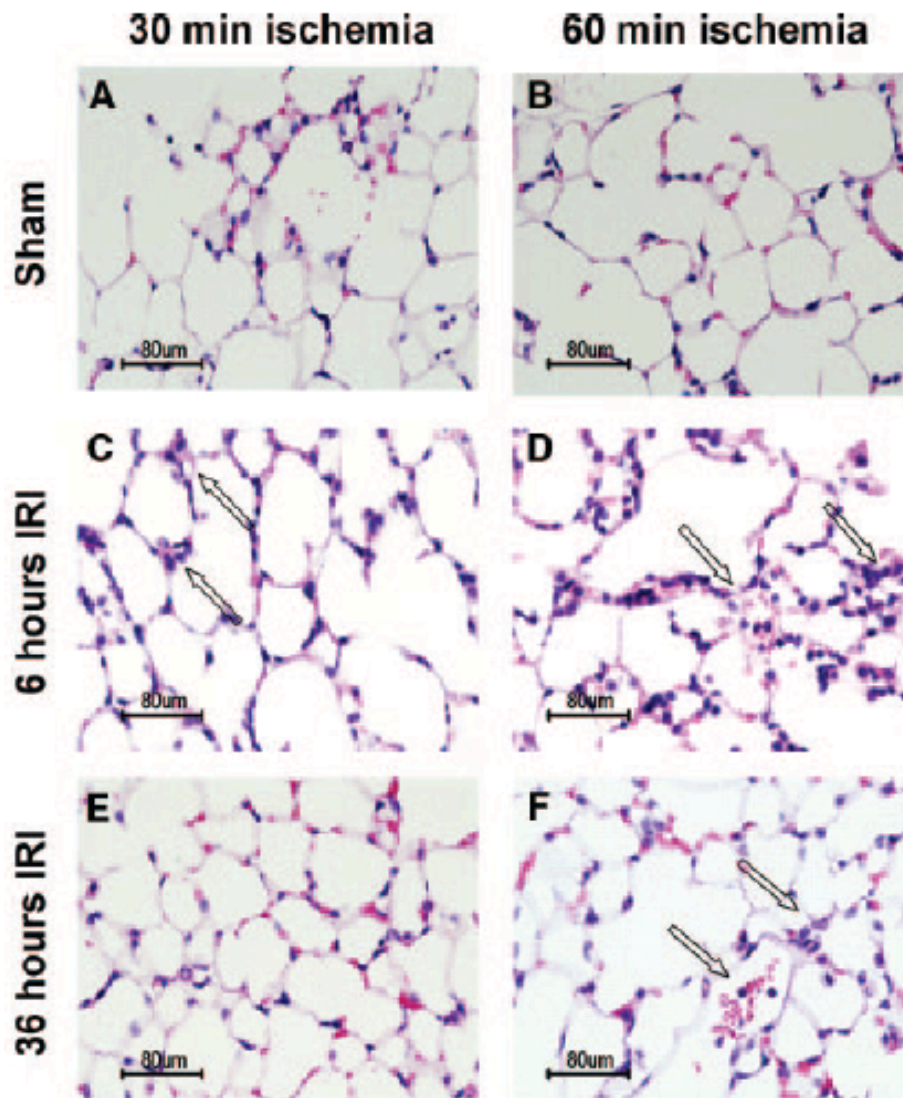
NGAL Performance - Summary

- Children > Adults
- Cardiac Surgery > Critical Illness (Sepsis)
- Normal Baseline Function > CKD
- Urine > Plasma



The Local and Systemic Inflammatory Transcriptome after Acute Kidney Injury

Dmitry N. Grigoryev,* Manchang Liu,* Heitham T. Hassoun,† Chris Cheadle,*
Kathleen C. Barnes,* and Hamid Rabb*



Predictive power of biomarkers vs Creatinine

- +ve NGAL but no Creatinine diagnosis of AKI?
 - Is this really a false positive?



The Outcome of Neutrophil Gelatinase-Associated Lipocalin-Positive Subclinical Acute Kidney Injury

A Multicenter Pooled Analysis of Prospective Studies

JACC Vol. 57, No. 17, 2011
April 26, 2011:1752-61

Michael Haase, MD,*† Prasad Devarajan, MD,‡ Anja Haase-Fielitz, Rinaldo Bellomo, MD,§ Dinna N. Cruz, MD, MPH,|| Gebhard Wag Catherine D. Krawczeski, MD,‡ Jay L. Koyner, MD,‡ Patrick Murra Michael Zappitelli, MD, MSc,†† Stuart L. Goldstein, MD,‡‡ Konstr Claudio Ronco, MD,|| Johan Martensson, MD,|||| Claes-Roland Mart Edward Siew, MD,¶¶ Lorraine B. Ware, MD,¶¶¶ T. Alp Ikizler, M

Sub-clinical AKI?

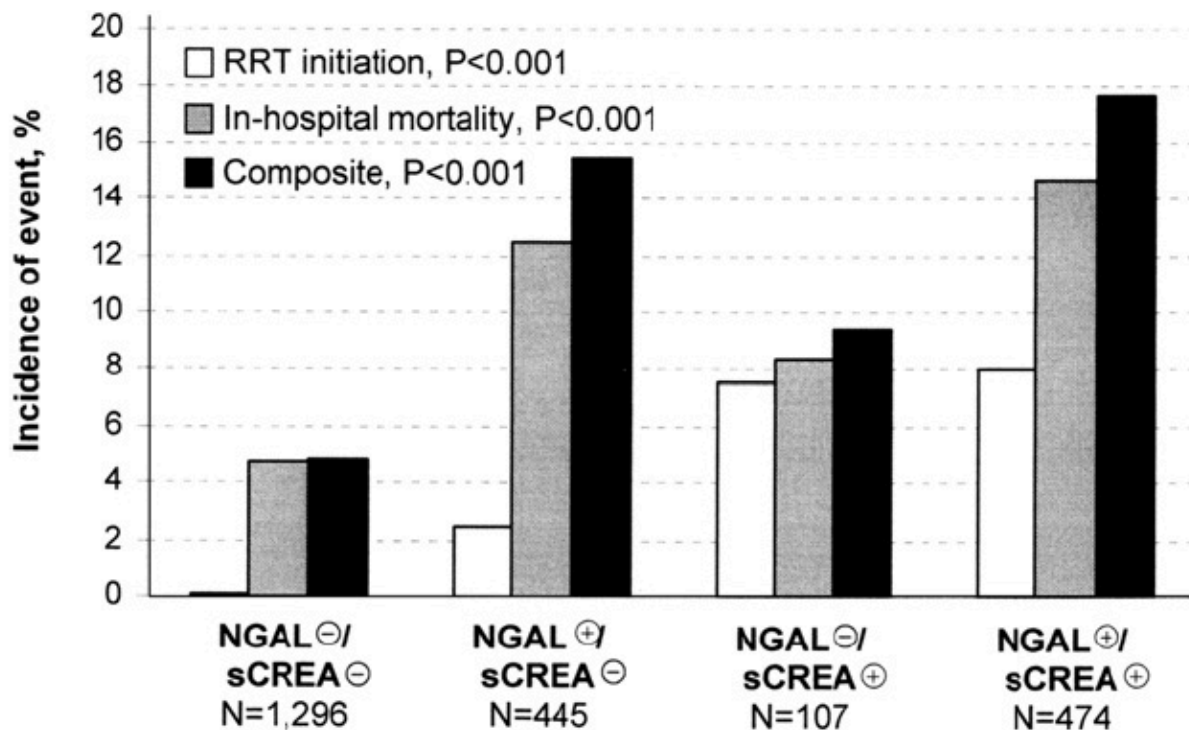


Figure 3 Incidence of Events

Incidence of RRT initiation, in-hospital mortality, and a combination of both according to NGAL and sCREA. There was a stepwise increase in all outcomes. Abbreviations as in Figures 1 and 2.

Synergistic information

Diagnostic and Prognostic Stratification in the Emergency Department Using Urinary Biomarkers of Nephron Damage

A Multicenter Prospective Cohort Study

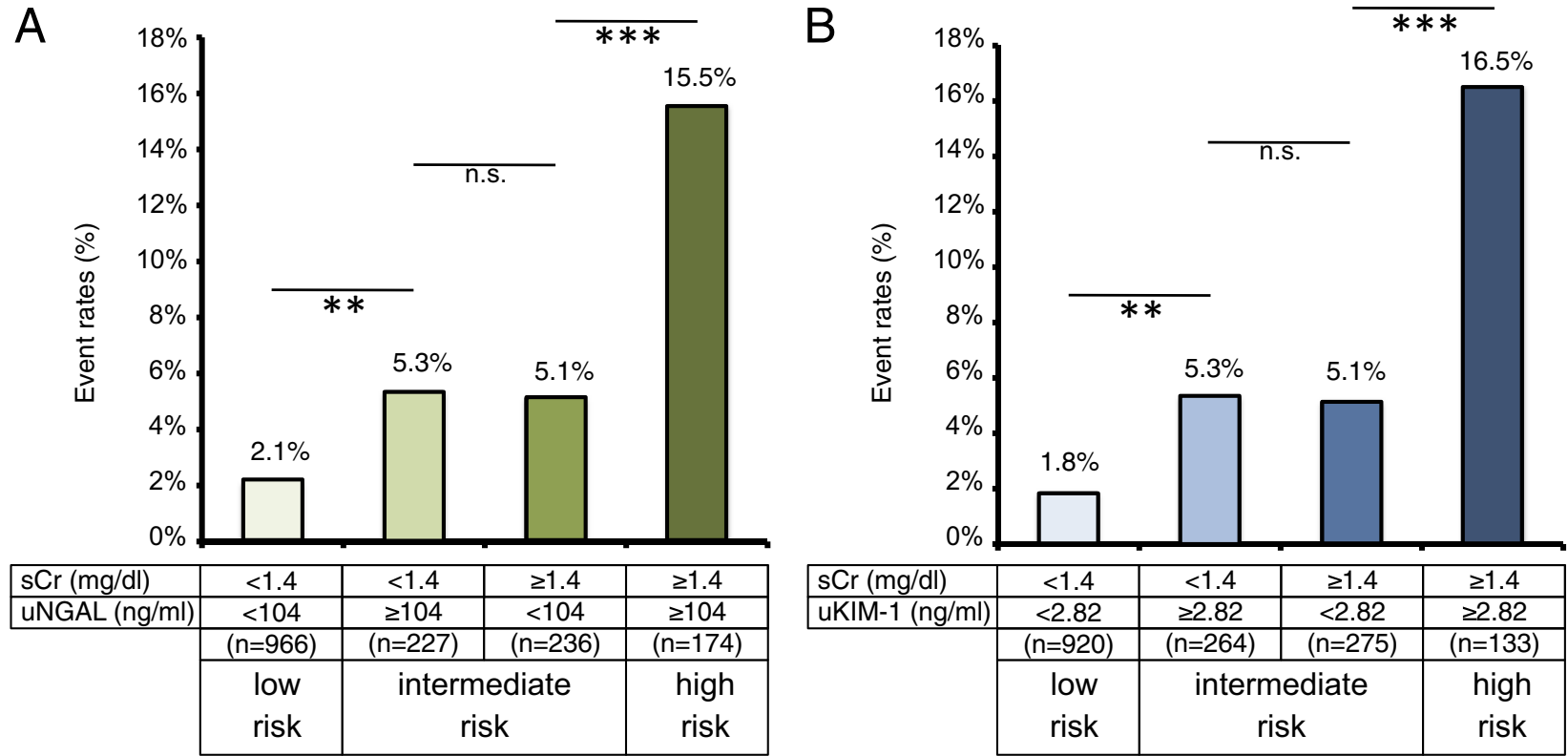


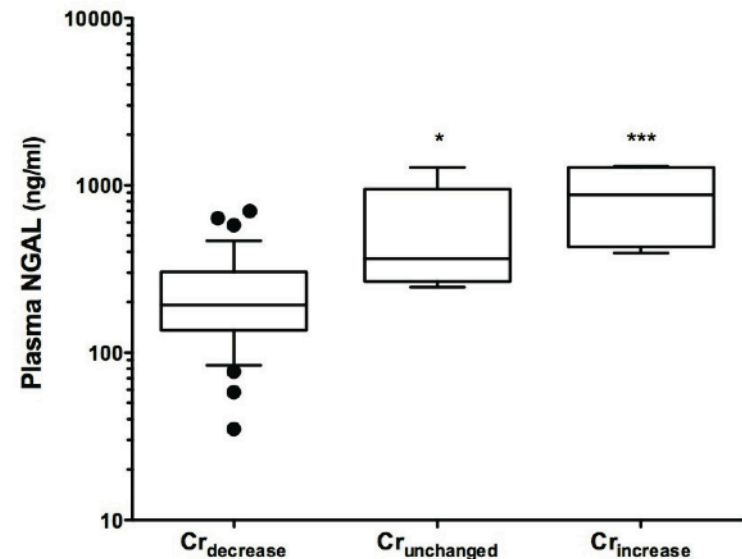
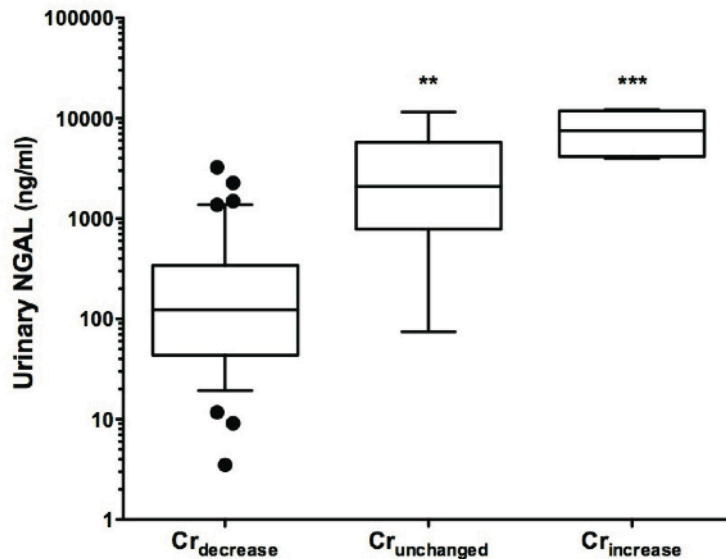
Figure 3 Risk Stratification by Serum Creatinine and Urinary Biomarkers

Rates of clinical events (initiation of dialysis or in-hospital mortality) in patients stratified by admission sCr and uNGAL (A) or sCr and uKIM-1 (B). Cutoffs were applied at the 75th percentile for each biomarker (sCr, 1.4 mg/dl; uNGAL, 104 ng/ml; uKIM-1, 2.82 ng/ml). Significance level was determined by Pearson's chi-square test. ***p < 0.001, **p < 0.01. Abbreviations as in Figures 1 and 2.

NGAL reflects sub-clinical AKI after cardiac arrest

Pickering *et al. Critical Care* 2013, **17**:R7

<http://ccforum.com/content/17/1/R7>



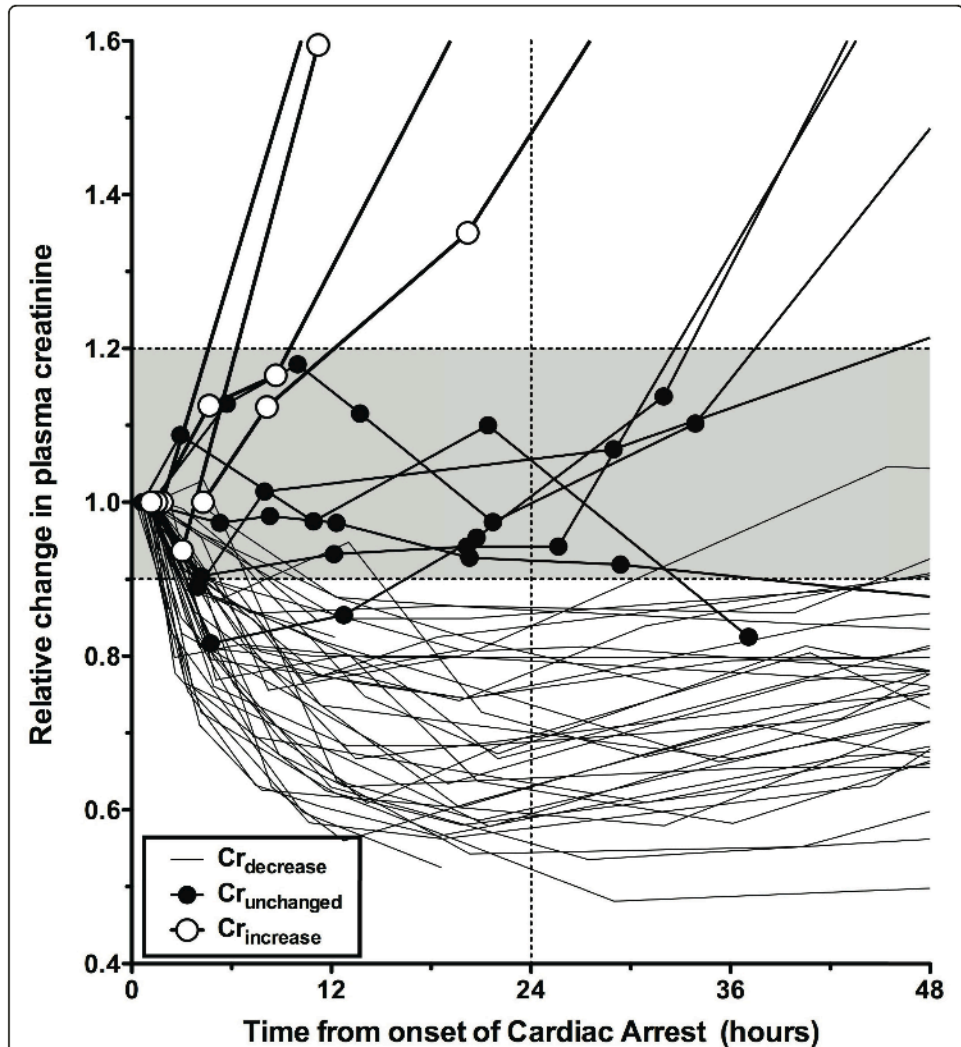


Figure 4 Changes in plasma creatinine concentration relative to the first creatinine measured in the emergency department followed one of three patterns. These patterns are Cr_{increase} (open white circles), in which the increase in plasma creatinine was greater than 20% at 24 hours after cardiac arrest; Cr_{unchanged} (closed solid circles), in which plasma creatinine increased no more than 20% or decreased no more than 10% at 24 hours after cardiac arrest, and Cr_{decrease} in which plasma creatinine decreased exponentially by more than 10% by 24 hours after cardiac arrest.



A mean 52% decrease in GFR was required to account for the lack of reduction in plasma creatinine

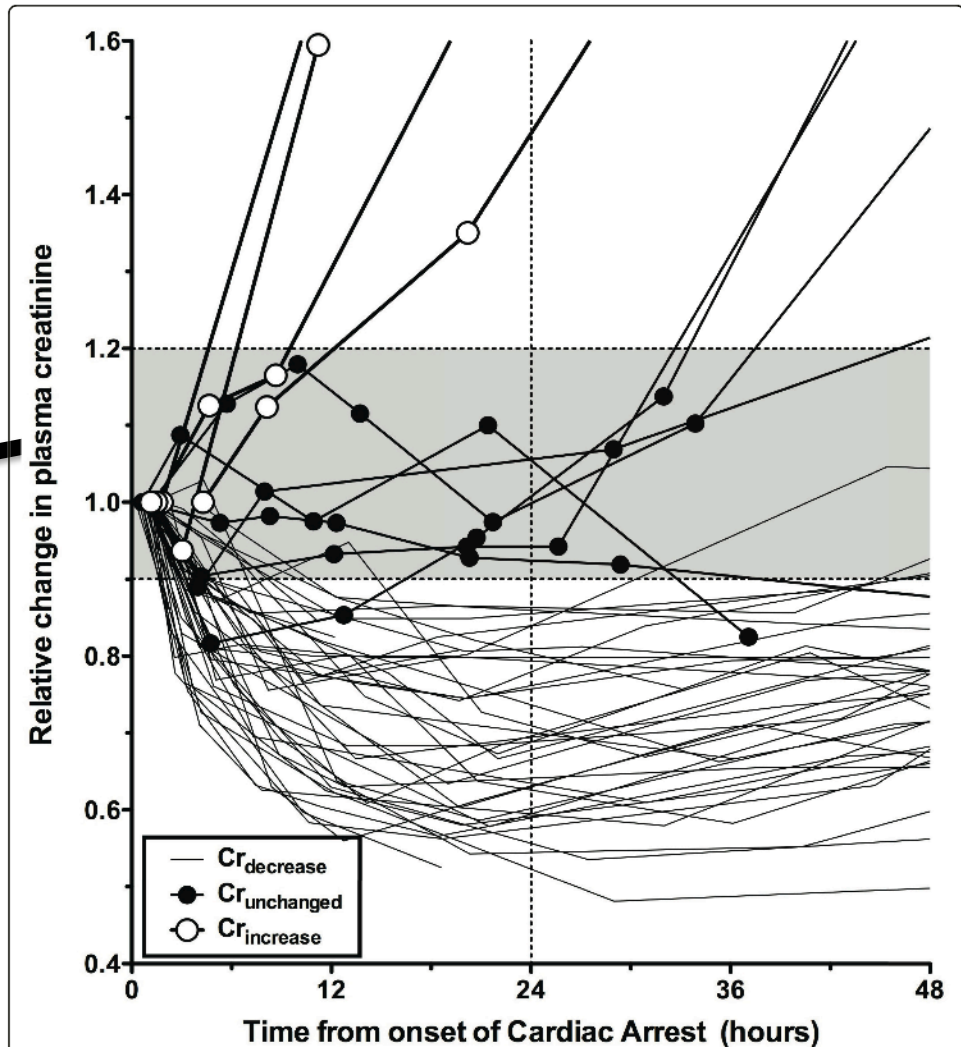


Figure 4 Changes in plasma creatinine concentration relative to the first creatinine measured in the emergency department followed one of three patterns. These patterns are $Cr_{increase}$ (open white circles), in which the increase in plasma creatinine was greater than 20% at 24 hours after cardiac arrest; $Cr_{unchanged}$ (closed solid circles), in which plasma creatinine increased no more than 20% or decreased no more than 10% at 24 hours after cardiac arrest, and $Cr_{decrease}$ in which plasma creatinine decreased exponentially by more than 10% by 24 hours after cardiac arrest.



Problem

- The potential for sub-clinical AKI poses significant difficulties in the use of serum creatinine a gold standard for AKI diagnosis.



Better Biomarkers?



RESEARCH

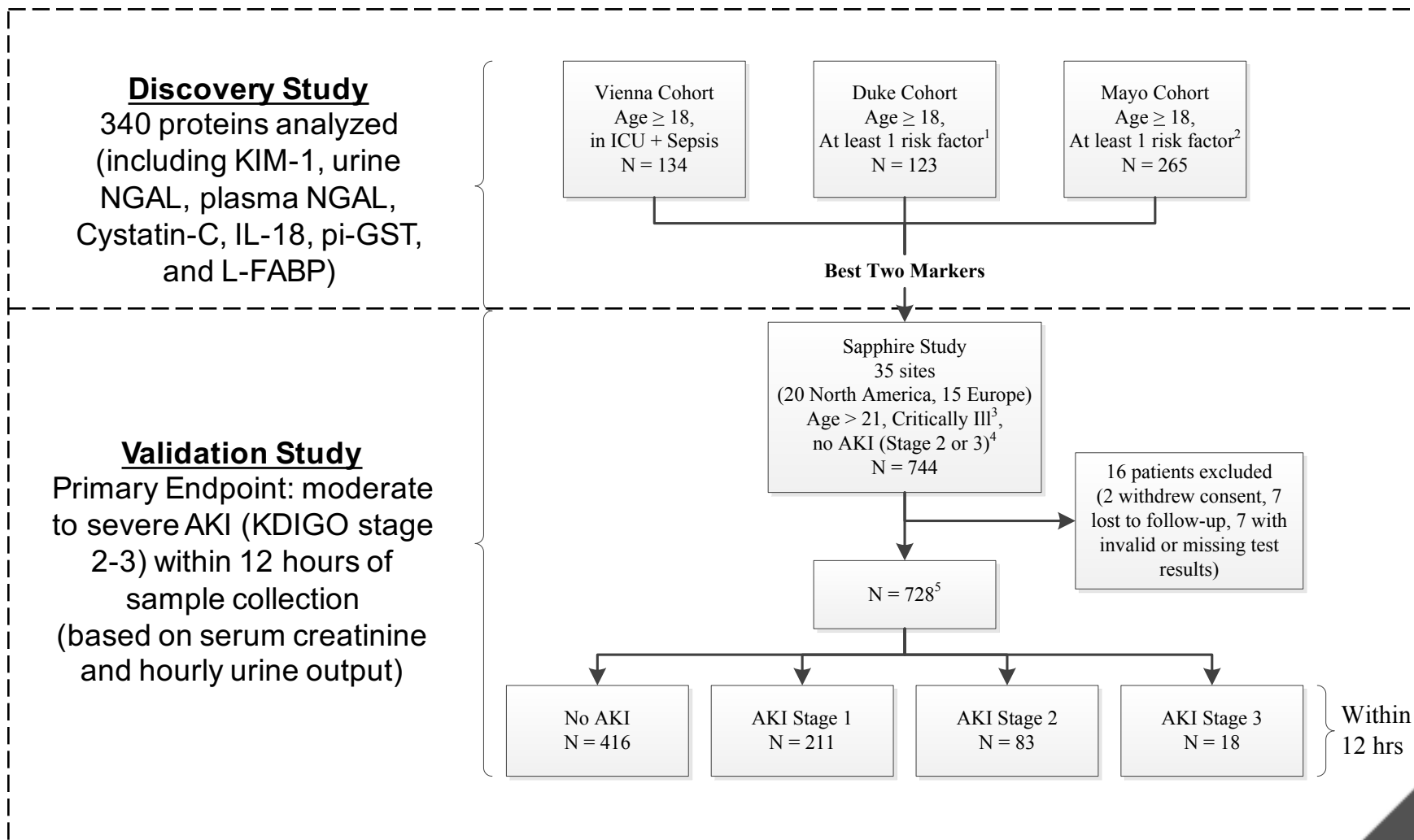
Open Access

Discovery and validation of cell cycle arrest biomarkers in human acute kidney injury

Kianoush Kashani¹, Ali Al-Khafaji², Thomas Ardiles³, Antonio Artigas⁴, Sean M Bagshaw⁵, Max Bell⁶, Azra Bihorac⁷, Robert Birkhahn⁸, Cynthia M Cely⁹, Lakhmir S Chawla¹⁰, Danielle L Davison¹⁰, Thorsten Feldkamp¹¹, Lui G Forni¹², Michelle Ng Gong¹³, Kyle J Gunnerson¹⁴, Michael Haase¹⁵, James Hackett¹⁶, Patrick M Honore¹⁷, Eric AJ Hoste¹⁸, Olivier Joannes-Boyau¹⁹, Michael Joannidis²⁰, Patrick Kim²¹, Jay L Koyner²², Daniel T Laskowitz²³, Matthew E Lissauer²⁴, Gernot Marx²⁵, Peter A McCullough²⁶, Scott Mullaney²⁷, Marlies Ostermann²⁸, Thomas Rimmelé²⁹, Nathan I Shapiro³⁰, Andrew D Shaw³¹, Jing Shi³², Amy M Sprague³³, Jean-Louis Vincent³⁴, Christophe Vinsonneau³⁵, Ludwig Wagner³⁶, Michael G Walker³², R Gentry Wilkerson³⁷, Kai Zacharowski³⁸ and John A Kellum^{39*}



Discovery-Validation Pathway



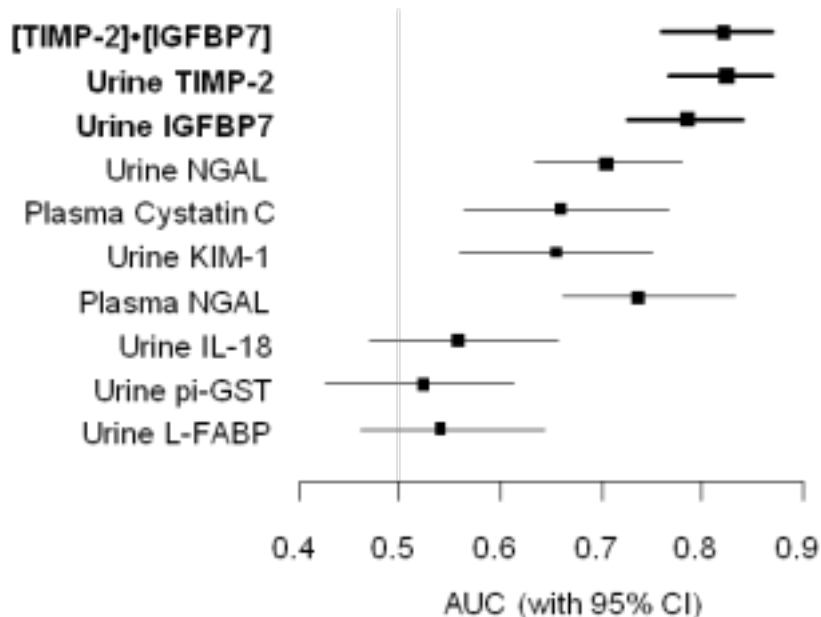
Novel Biomarkers Were Identified

- Biomarkers ranked by ability to predict development of AKI RIFLE I or F within 12 to 36 hours
- Of 340 candidates the top performing biomarkers were:
 - Tissue Inhibitor of Metalloproteinases-2 (TIMP-2)
 - Insulin-like Growth Factor Binding-Protein 7 (IGFBP7)

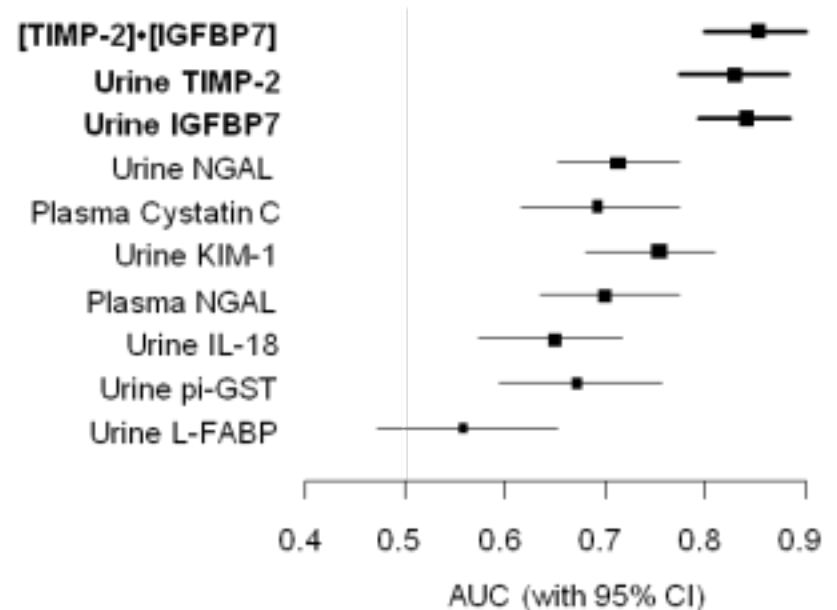


TIMP-2 and IGFBP7 Work Well In Important Subgroups

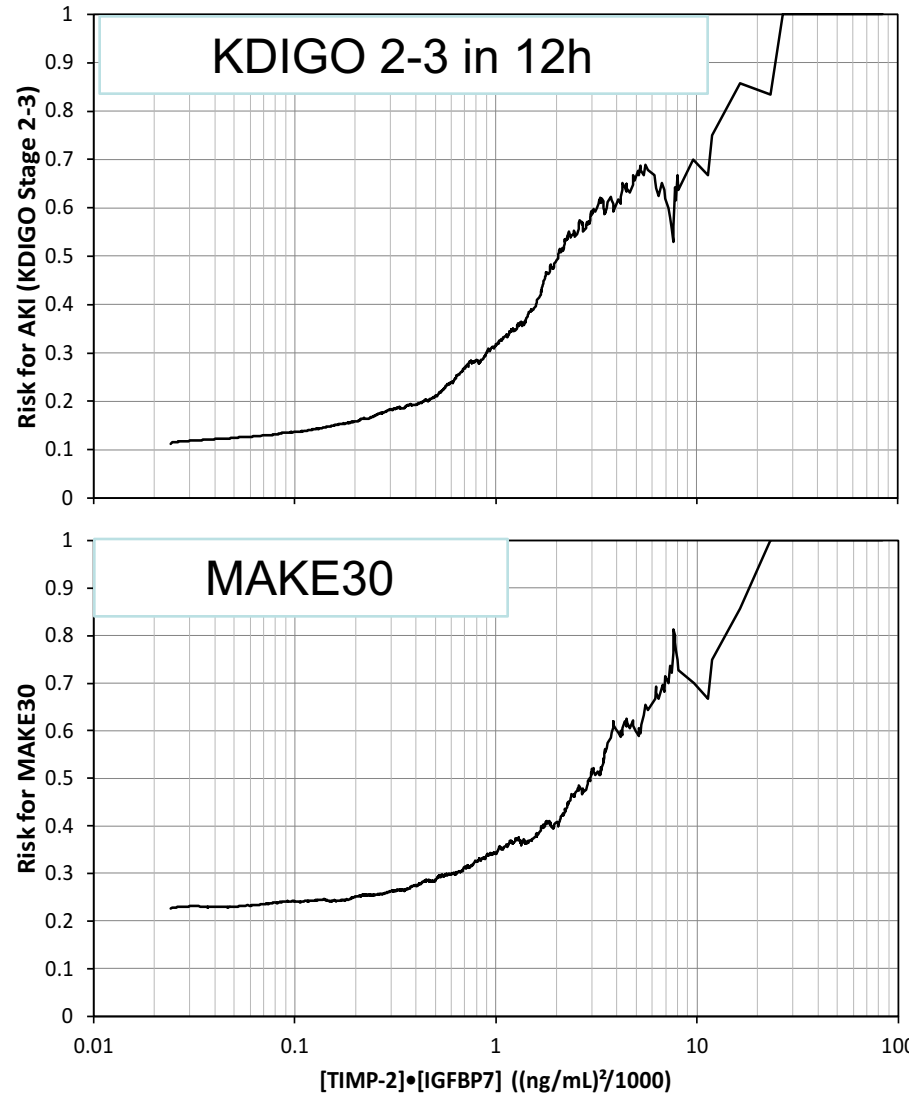
Sepsis



Surgery



TIMP-2 and IGFBP7 are related to clinically meaningful outcomes



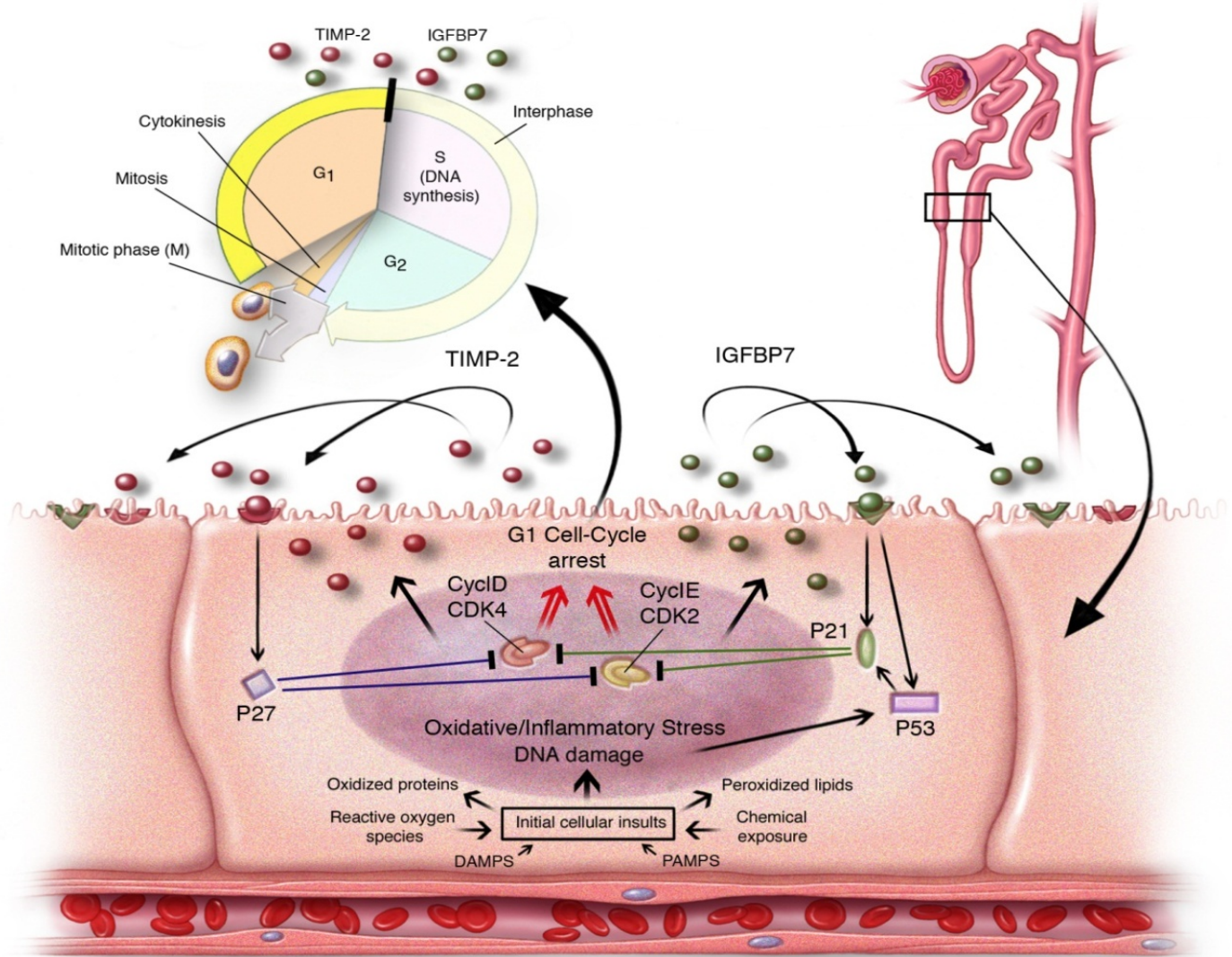
MAKE30 (30 days)

- Death
- RRT
- Persistently elevated sCr (2x over baseline)



TIMP-2 and IGFBP7 Have Mechanistic Origins in Early Cellular Injury

Biomarkers for AKI – Where now?

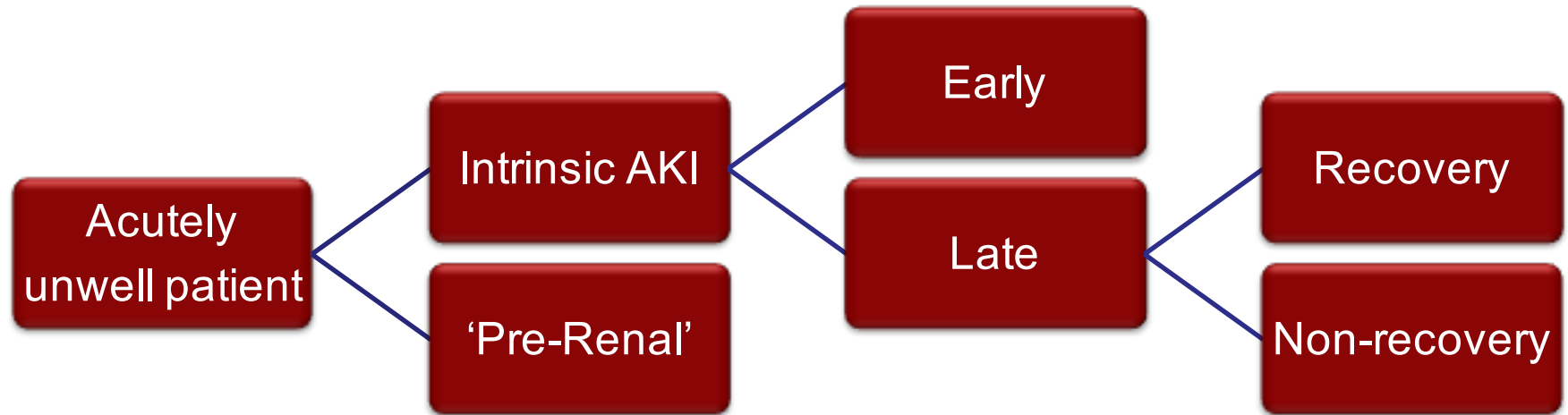


- AUC is still only 0.8 in a real-world clinical population
 - Compared against creatinine
- Renal biomarkers could be very good, but we are unable to prove it
- How should we move forward?



Staging AKI:

Different interventions in different groups



What to do with Biomarker results?

- Nothing
- Stratify care
- Give intervention
- Stratify discharge and follow-up
- I don't have enough evidence to guide my therapy



How does early AKI diagnosis help me in the ICU?



How does early AKI diagnosis help me in the ICU?

- What are the interventions for AKI?



How does early AKI diagnosis help me in the ICU?

- What are the interventions for AKI?
 - Best supportive care



How does early AKI diagnosis help me in the ICU?

- What are the interventions for AKI?
 - Best supportive care
 - Avoid secondary injury



How does early AKI diagnosis help me in the ICU?

- What are the interventions for AKI?
 - Best supportive care
 - Avoid secondary injury
 - Timely CRRT to clinical indications



How does early AKI diagnosis help me in the ICU?

- What are the interventions for AKI?
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- What is good ICU care?



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How does early AKI diagnosis help me in the ICU?

- What are the interventions for AKI?
 - Best supportive care
 - Avoid secondary injury
 - Timely CRRT to clinical indications
- What is good ICU care?
 - Best support care
 - Avoid secondary injury
 - Timely organ support to clinical indications



Recommended action after early assessment of AKI

KDIGO AKI Guidelines

AKI Stage

High Risk	1	2	3
Discontinue all nephrotoxic agents when possible			
Ensure volume status and perfusion pressure			
Consider functional hemodynamic monitoring			
Monitor serum creatinine and urine output			
Avoid hyperglycemia			
Consider alternatives to radiocontrast procedures			
Check for changes in drug dosing			
Consider Renal Replacement Therapy			
		Check for changes in drug dosing	
		Consider Renal Replacement Therapy	
		Consider ICU admission	
		Avoid subclavian catheters if possible	



Where to study patients

- Ward
- ED
- Community
- ICU ?
 - ICU as a biomarker driven treatment not a patient group
 - Admission & Discharge
- Exclusion of AKI



Relevant biomarker outcomes

- GFR rather than creatinine
- Development Chronic Kidney Disease rather than AKI
- Interventional studies



So am I interested in AKI biomarkers in ICU?



So am I interested in AKI biomarkers in ICU?

- What about Intervention X?
 - ie RRT, Any number of drugs



So am I interested in AKI biomarkers in ICU?

- What about Intervention X?
 - ie RRT, Any number of drugs
- I don't know is this is effective in early AKI
 - OK lets test it!



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- I don't know if biomarker Y reliably diagnoses early AKI
 - The gold standard is inadequate



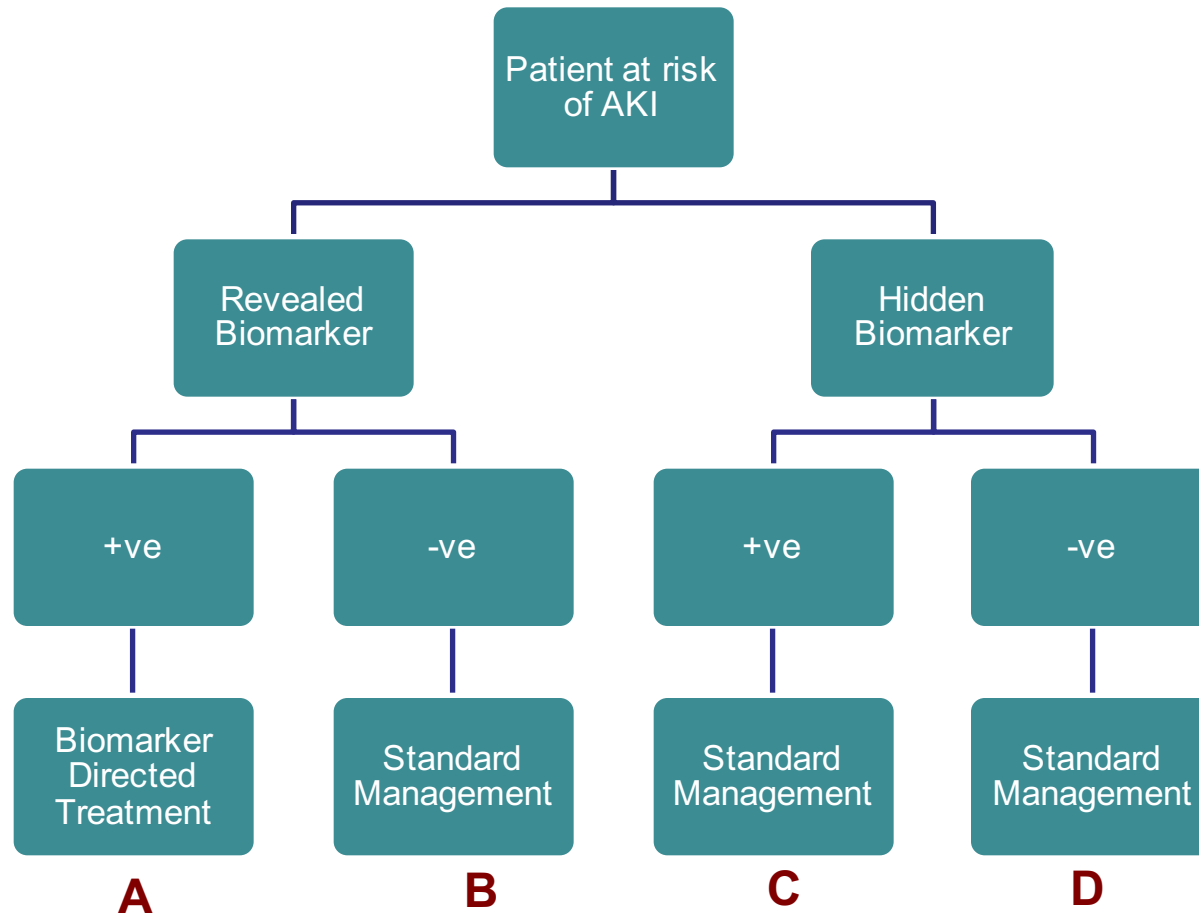
So am I interested in AKI biomarkers in ICU?

- What about Intervention X?
 - ie RRT, Any number of drugs
- I don't know is this is effective in early AKI
 - OK lets test it!
- I don't know if biomarker Y reliably diagnoses early AKI
 - The gold standard is inadequate
- Can we test both these things in a pragmatic study?



Approach #1

Validating Biomarker Directed Therapy



Measure a patient-centred endpoint such as mortality or new CKD



Approach #1

Validating Biomarker Directed Therapy

Comparisons:

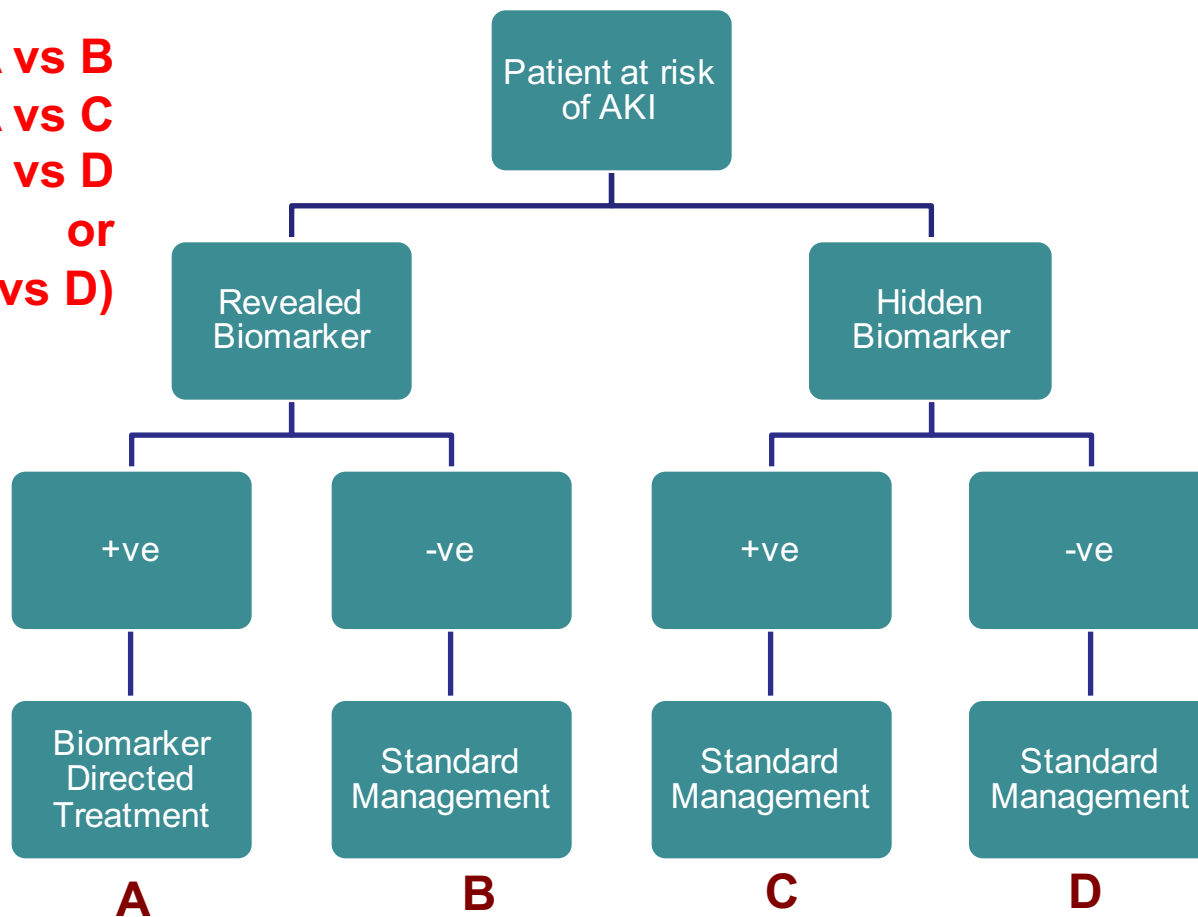
A vs B

A vs C

C vs D

or

(A vs B) vs (C vs D)

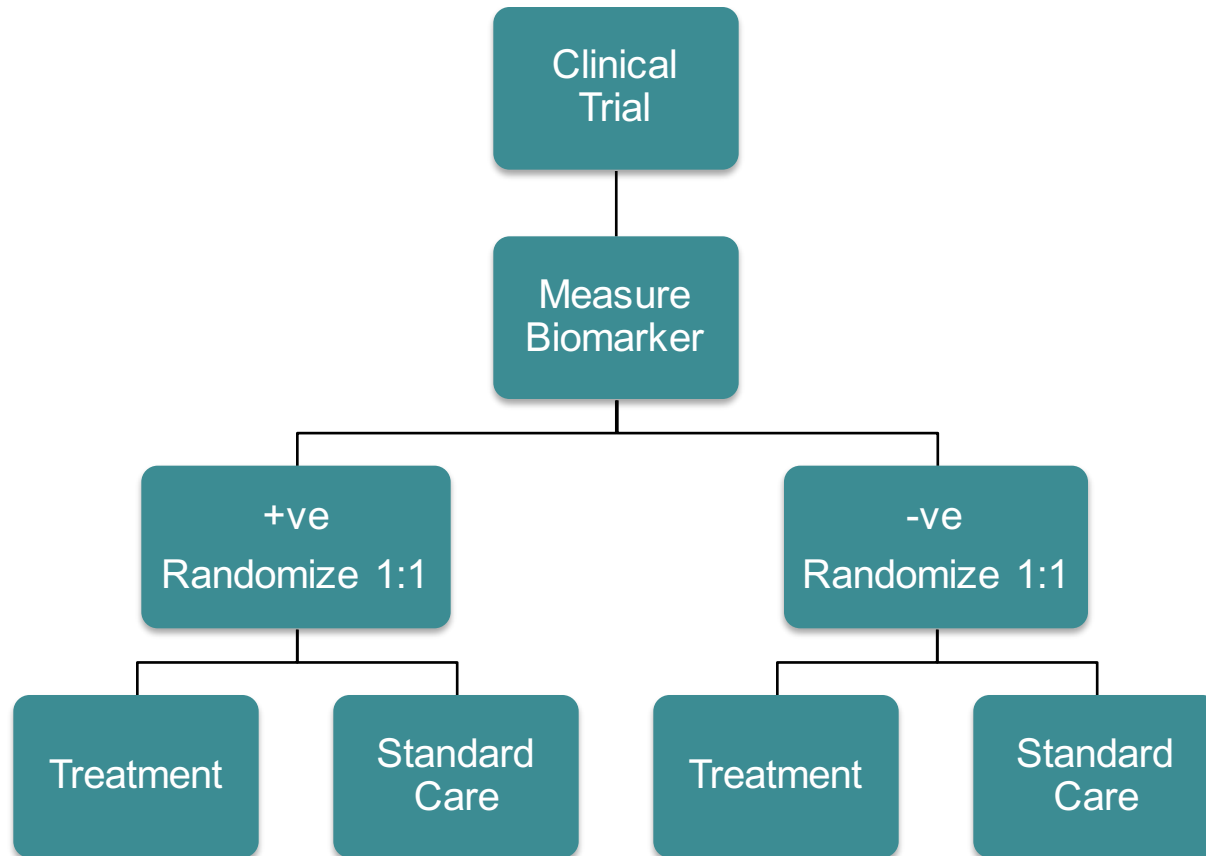


Measure a patient-centred endpoint such as mortality or new CKD



Approach #2

Stratified Randomization for Biomarker – Biomarker specific treatment effect?



Do AKI biomarkers have a role in clinical practice now?



Do AKI biomarkers have a role in clinical practice now?

- Need validation by proving clinical- and cost-effectiveness of biomarker directed management



Do AKI biomarkers have a role in clinical practice now?

- Need validation by proving clinical- and cost-effectiveness of biomarker directed management
- What therapies?
 - AKI care bundle
 - Critical Care admission
 - Pharmacotherapy
 - RRT
 - CRRT/IHD
 - Follow-up



Thank you for you kind attention

